One Women Man



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Geoff Langford (UK) - May 2008

音樂: I'm a One Woman Man - George Jones: (3 C/D Pack The Legendary George

Jones)



Intro: 16 count intro.

step. brush forward. & back. & forward. Shuffle left forward. Rock forward back

1, 2 step forward right. Brush left forward.3, 4 brush left back over right. Brush left forward

5 & 6 step forward left. Step right beside left. Step forward left.

7, 8 rock forward on right. Rock back left

[12 o-clock wall]

shuffle back right. & left. Rock right back. forward left. Step forward right. & left

1 & 23 & 4step right back. Step left beside right. Step back rightstep left back. Step right beside left. Step back left

5, 6 rock back on right recover on left7, 8 step forward right. Step left beside right

[12 o-clock wall]

grapevine right. Grapevine left 1/4 turn left

1, 2 step right to right side. Step left behind right

3, 4 step right to right side. Brush left forward beside right

5, 6 step left to left side. Step right behind left.

7, 8 step left to left side ¼ turn left. Brush right forward beside left

[9 o-clock wall]

kick-kick. coaster step right. & left

1, 2 kick right foot forward. Kick right foot to right side

3 & 4 step back right. Step left beside right. Step forward right

5, 6 kick left foot forward. Kick left foot to left side

7 & 8 step back left. Step right beside left. Step forward left

[9 o-clock wall]

End of dance

Have fun, Geoff