

Last Flight Out

拍數: 48 牆數: 3 級數: Intermediate
編舞者: Sophitia Christiansen (DK) & Winston Yew (SG) - June 2008
音樂: Last Flight Out - Plus One : (CD: The Promise 2000)



Intro : 16 slow beats

S1 -: Long Step, Unwind 1/2 , Forward Shuffle, 3/4 Turn, Sailor Step

- 123 - Take a wide step to right dragging left to right, cross left behind right, unwind 1/2 turn left, recover weight on right
- 4&5 - Step left forward, together on right, step left forward
- 6&7 - Step right 1/4 left turn back, step left 1/2 left turn forward, wide step to right
- 8&1 - Step left behind right, step right to right, step left to left (9)

S2 -: Twinkle Step, Jazz Box 1/4, Pivot 1/2, Triple Full Turn

- 2&3 - Cross right over left, rock left, recover weight on right
- 4&5 - Cross left over right, step back on right, step left to 1/4 turn left (6)

Tag to be added here on walls 6 & 7

- 67 - Step forward on right foot, 1/2 pivot turn to left (transfer weight from right to left)
- 8&1 - Step right back making 1/2 turn left, step left forward making 1/2 left, step right in place

S3 -: Side, Cross, Side Rock 1/4 Step, Lunge 1/4 Recover, Behind, 1/4 Turn, Front

- 23 - Step left to left, cross right over left (12)
- 4&5 - Side rock left, recover on right 1/4 turn right, step left forward
- 67 - Lunge forward 1/4 right on right, recover on left
- 8&1 - Step back on right, step left to 1/4 turn left, step right slightly in front of left, taking weight on right

S4 -: Twinkle, Walk x3, Recover, Side Cross, Ball Front

- 2&3 - Cross left over right, side rock on right, recover weight on left
- 4&5 - Step forward on right, left then right
- 6&7 - Recover weight on left, step back on right, cross left over right
- 8& - On ball of right, step behind left heel and push left forward (12)

Tag to be added here on walls 2 & 4

S5 -: Sways, Rolling Vine, Pivot 1/2, 1/4 Turn, Behind Side

- 123&4 - Sway right then left, turn 1/4 right stepping right forward, turn 1/2 right stepping left back, turn 1/4 right stepping right to side
- 56 - Step forward on left, 1/2 pivot turn right
- 7&8 - Step left to 1/4 turn right, step right behind left, step left to left (12)

S6 -: Slow Cross Rocks, Forward, Rock Recover, 1/4 turn, Tap

- 12& - Cross right over left, recover weight on left, step right to right
- 34& - Cross left over right, recover weight on right, step left to left
- 567 - Step forward on right, rock forward on left, recover weight on right,
- 8& Step left to 1/4 turn left, tap right beside left (9)

Tag

- 1-2 - Rocking Chair
- 1& - Rock forward on right, recover on left
- 2& - Rock back on right, recover on left

On walls 2 & 4 - Add 4 count tag to S4 & restart

On walls 6 & 7- Add the same tag to the dance after count 5 of S2 & continue the dance
Basically, it is very easy to distinguish where the tags are.
In the chorus part, you 'll hear the guy sings "Last Flight Out."
