

拍數: 64 牆數: 2 級數: Intermediate / Advanced
 編舞者: Alan Birchall (UK) - May 2008
 音樂: 2025 - Candy Dulfer : (CD: What Does It Take)



Start: 32 Counts Before The Lyrics - Seconds: 22 - BPM: 119

Released At Sharon's - St Matthews Charity Event Burntwood Sunday May 4th 2008

KICK, STEP, CROSS, SAILOR STEP, CROSS UNWIND

1&2 Kick Left Foot Forward, Step Left In Place, Cross Right Over Left
 3-4 Rock Left, Recover On Right
 5&6 Cross Left Behind Right, Step Right In Place, Step Left To Left
 7-8 Cross Right Over Left, Unwind ½ Turn Left (6 '0' Clock)

STEP, ¼ PIVOT (SIT DOWN), TRAVELLING SWIVELS (STANDING UP), BODY POP, BEHIND SIDE CROSS

9-10 Step Forward On Right, Make ¼ Pivot Left Whilst 'Sitting' Down (3 '0' Clock)
 11& Travelling Left & Standing Up Swivel Both Heels Left, Swivel Both Toes Left,
 12 Swivel Both Heels Left
 13-14 Push Upper Body To Right, Bring Body Back In Line (Not A Body Roll! Or Tip Shoulders Up
 Down - Right, Left)
 15&16 Cross Right Behind Left, Step Left To Left, Cross Right Cross Right Over Left

PRESS, RECOVER, BEHIND ¼ STEP, STEP, SYNCOPATED ROCKS MAKING 1/2 TURN, STEP

17-18 Press Left To Left Forward Diagonal, Recover On Right Making a Slight Kick With Left
 19&20 Cross Left Behind Right, Make ¼ Turn Right Stepping Forward On Right, Step Forward On
 Left (6 '0' Clock)
 21& Rock Forward On Right, Recover On Left
 22& Making ¼ Turn Right (Backwards) Rock Forward On Right, Recover On Left (9 '0' Clock)
 23&24 Making ¼ Turn Right (Backwards) Rock Forward On Right, Recover On Left (12 '0' Clock)
 24 Step Right By Left

CROSS, STEP, WALK, WALK, ROCK, RECOVER, 1&1/2 TRIPLE TURN,

25-26 Cross Left Over Right, Step Back On Right
 &27-28 Step Left To Left, Walk Forward On Right, Walk Forward On Left
 29-30 Rock Forward On Right, Recover On Left
 31&32 1½ Triple Turn Right Stepping Right, Left, Right (6 '0' Clock) Alternative: ½ Triple Turn

MAMBO FORWARD, LOCK STEP BACK, COASTER STEP, WALK, WALK

33&34 Rock Forward On Left, Recover On Right, Step Back On Left
 35&36 Step Back On Right, Lock Left Over Right, Step Back On Right
 37&38 Step Back On Left, Right By Left, Step Forward On Left
 39-40 Walk Forward On Right, Walk Forward On Left

TOUCH WITH BUMP, BUMP, HIP BUMPS, BEHIND SIDE CROSS, STEP 1/4

41-42 Touch Right Toe To Right Diagonal Bumping Hips To Right, Bump Hips To Left
 43&44 Bump Hips Right, Left, Right
 &45&46 Transfer Weight To Left, Cross Right Behind Left, Step Left To Left, Cross Right Over Left
 47-48 Step Forward On Left, ¼ Pivot Right (9 '0' Clock)

CROSS SHUFFLE, ½ TURN LEFT, CROSS, SIDE, HEEL, STEP, CROSS, UNWIND

49&50 Cross Left Over Right, Step Right To Right, Cross Left Over Right

- 51-52 Make ¼ Turn Left Stepping Back On Right, Make ¼ Turn Laeft Stepping Left To Left (3 '0' Clock)
- 53&54 Cross Right Over Left, Step Left To Left, Extend Right Heel
- &55-56 Step On To Right, Cross Left Over Right, Unwind ¾ Right (12'0' Clock)

LOCK STEP, COASTER STEP, STEP, ½ PIVOT, KICK, STEP, TOUCH

- 57&58 Step Back On Right, Lock Left Over Right, Step Back On Right
- 59&60 Step Back On Left, Right By Left, Step Forward On Left
- 61-62 Step Forward On Right, ½ Pivot Left (6'0' Clock)
- 63&64 Kick Right Foot Forward, Step Right In Place, Touch Left To Left (Weight Ends On Right)

START AGAIN
