

Crayons

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Ria Vos (NL) - May 2008
音樂: Crayons - Donna Summer : (Album: Crayons)



Intro : 32 Counts,

Heel Twist, Touch, Side, Rock Back, Recover, Kick-Ball-Cross, Hitch, Side, Hip Bumps, ¼ Turn Left

1& Twist R toe to right side (push off on heel) while you step L to left, touch L next to R
2 Step R to right side
3& Rock L behind R, recover on R
4&5 Kick L to left diagonal, step on ball of L next to R, cross R over L
&6 Hitch L, step L to left side
7&8 Bump R hip to right, recover on L, turn ¼ left bump R hip back (weight on R foot)

Ball-Cross, Tap-Lunge, Side Kick, Sailor Step-dip, Recover, Back Rock, Diagonal Step

&1 Step on ball of L next to R, Cross R over Left
&2-3 Tap L next to R, lunge L to left diagonal, recover on R while you kick L to left side
4&5 Cross L behind R, step R to right side, step L to left side with dip and swivel R toe up
6 Recover on R and swivel L toe up
7&8 Rock L behind R, recover on R, step L to left diagonal

Touch, Kick, Step Back, Rock Back, Side Rock, Pivot ¼ Turn Right, Side, Together, Forward

&1-2 Tap R next to L, kick R foot forward (still on diagonal), step R big step back (on diagonal)
3&4& Rock L behind R, recover on L (straighten up to 9:00), rock L to left side, recover on R
5-6 Step L forward (push hip forward), turn ¼ right (push hip to right side)
7&8 Step L to L side, step R together, step L forward

Ball-Point, Point Back, Reverse ½ Turn Left, Ball-Step, Pivot ¼ Turn L, Ball-Step, Scuff-Hitch

&1 Step R next to L, touch L toe forward (lean upper body back)
&2-3 Hitch L, touch L toe back, reverse ½ turn left (weight on L)
&4 Step on ball of R next to L, step L forward
5-6 Step R forward (push hips forward), pivot ¼ turn left (push hips to left left side)
&7&8 Step on ball of R next to L, step L forward, scuff R forward, hitch R

Bumps Backwards, ½ Turn L Bumps Fwd, Step ¾ Turn Left, Side, Behind, ¼ Turn Right, ¼ Turn R Hitch

1&2 Step R back -bump R hip back, recover on L, bump R hip back (weight on R)
3&4 Turn ½ Left -step L forward -bump L hip forward, recover on R, bump L hip forward (weight on L)
5&6 Step R forward, ¾ turn left, step R to right side
7&8 Cross L behind R, ¼ turn right step forward, ¼ turn right on R -hitch L

Walk, Walk, Lock-step Back, & Heel & Touch, Ball-Step, Touch

1-2 Walk L forward (slightly crossed), walk R forward (slightly crossed)
3&4 Step L back, Lock R in front of L, step L back
&5&6 Small step back on R, dig L heel forward, step L together, touch R next to L
&7-8 Step on ball of R next to L, big step forward on L, touch R next to L***restart on 3th wall (6:00)

Chasse ¼ Turn Left, Rock Back, Recover, Side, Chasse, Rock Back, Recover, Point

1&2 Step R to right Side (push hips right), step L together, ¼ turn left step R back (push hips back)
3&4 Rock L behind R, recover on R, step L to left side

5&6 Step R to right side (push hips right), step L together, step R to right side (push hips right)
7&8 Rock L behind R, recover on R, Point L to left side

(&) Point, Together, Step, Pivot ½ Turn Right, Together, Step Pivot ¼ Turn Left, Cross Point, Side, Together

&1 Step L together, Point R to Right side
&2-3 Step R together, step L forward, pivot ½ turn right
&4-5 Step L together, step R forward, pivot ¼ turn Left
6 Cross Touch R over L
7-8 Step R big step to right side, step L together (without weight)

Restart: On 3th wall, dance up to count &47 (big step Fwd L) replace count 48 to L step together and start again.
