

Funky Girls

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Gary Lafferty (UK) - May 2008
音樂: I'm Outta Love - Anastacia



Music Info: 32-count intro, 120bpm

Alternative tracks: The dance will fit many tracks in the 112-124bpm range, it's great as a floor-split with:
Ain't Got No Money ("The Way I Are" by Timbaland)
Those Applebottom Jeans ("Low" by Flo Rida) ** very funky, girls!! **
Drive Me Wild ("Drive Time" by M People)
Electric Dreams ("Electric Dreams" by Phil Oakey & Giorgio Moroder)

DIAGONAL STEP FORWARD RIGHT , TOUCH / CLAP ; DIAGONAL STEP FORWARD LEFT , TOUCH / CLAP

1-2 Step diagonally-forward Right on Right foot , touch Left foot beside Right & clap hands
3-4 Step diagonally-forward Left on Left foot , touch Right foot beside Left & clap hands

WALK AROUND ½ TURN RIGHT

5-8 Walk around making a ½ turn over your Right shoulder stepping Right , Left , Right , Left
Make it funky, girls! (and boys) – pop your shoulders up & down as you walk around

HEEL , HOLD , AND HEEL , HOLD ; ROCK BACK , RECOVER , TRIPLE ½ TURN

1-2 Tap Right heel forward , hold
& Step on Right foot beside Left
3-4 Tap Left heel forward , hold
5-6 Rock back on Left foot , recover weight onto Right foot
7-8 Left shuffle forward making ½ turn over Right shoulder

ROCK BACK , RECOVER , SKATE RIGHT then LEFT ; DIAGONAL SHUFFLES RIGHT then LEFT

1-2 Rock back on Right foot , recover weight onto Left foot
3-4 Skate Right foot forward to Right diagonal , skate Left foot forward to Left diagonal
5&6 Right shuffle forward to Right diagonal
7&8 Left shuffle forward to Left diagonal

CROSS-TOUCH , STEP RIGHT ; CROSS-TOUCH , STEP LEFT ; JAZZBOX with ¼ TURN RIGHT

1-2 Cross-touch Right foot over Left , step to Right on Right foot
3-4 Cross-touch Left foot over Right , step to Left on Left foot
5-6 Cross-step Right foot over Left , step back on Left foot
7-8 Turn ¼ Right stepping to Right on Right foot , step forward on Left foot

START AGAIN!