

Credit Crunch

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Gary Lafferty (UK) - May 2008
音樂: Money's Too Tight (To Mention) - Simply Red : (Album: Picture Book)



Intro: 48-count intro, (114bpm)

ROCK FORWARD , RECOVER , SHUFFLE BACK ; ROCK BACK , RECOVER , ¼ TURNING SIDE-SHUFFLE

1-2 Rock forward on Right foot , recover weight back onto Left foot
3&4 Step back on Right foot , step on Left foot beside Right , step back on Right foot
5-6 Rock back on Left foot , recover weight onto Right foot
7&8 Turn ¼ Right stepping to Left on Left , step on Right foot beside Left , step to Left on Left foot (3 o'clock)

ROCK BACK , RECOVER , ¼ TURN BACK , HOOK ; LEFT SHUFFLE , STEP FORWARD , ¼ TURN

1-2 Rock back on Right foot , recover weight onto Left foot
3-4 Turn ¼ Left stepping back onto Right foot , hook Left foot across Right ankle (12 o'clock)
5&6 Step forward on Left foot , step on Right foot beside Left , step forward on Left foot
7-8 Step forward on Right foot , pivot ¼ turn to Left (9 o'clock)

'TOUCH-LIFT-SIDE' , 'BEHIND-SIDE-FORWARD' ; STEP FORWARD , ½ TURN , WALK , WALK

1&2 Cross-touch Right foot over Left to Left diagonal , lift Right knee slightly , step to Right on Right
3&4 Cross-step Left foot behind Right , step to Right on Right foot , step forward on Left foot
5-6 Step forward on Right foot , pivot ½ turn to Left (3 o'clock)
7-8 Step forward on Right foot , step forward on Left foot

KICK BALL SAILOR ¼ TURN , STEP FORWARD

1& Kick Right foot forward , small step to Right on Right foot
2&3 Turn ¼ Left stepping Left foot behind Right , step to Right on Right foot , step forward on Left (12 o'clock)
4 Step forward on Right foot

ROCK FORWARD , RECOVER , ½ TURN , ¼ TURN , HEEL

5-6 Rock forward on Left foot , recover weight back onto Right foot
7 Turn ½ Left stepping forward onto Left foot (6 o'clock)
& Turn ¼ Left stepping to Right on Right foot (3 o'clock)
8 Touch Left heel forward
& Step down onto Left foot

START AGAIN!