

High Demand

拍數: 64 牆數: 2 級數: Easy Intermediate
編舞者: Amanda Moore (AUS) & Linda Wolfe (AUS) - May 2008
音樂: Country Man - Luke Bryan : (CD: I'll Stay Me)



Intro: 32 counts.

Scuff Forward. Scuff Back. Ball Step. Walk. Walk. Left Shuffle Forward. Step. Pivot 1/2 Turn Left.

1 – 2 Scuff Right heel forward. Scuff Right heel back. (In a swinging pendulum motion)
&3-4 Step back on ball of Right. Walk forward on Left. Walk forward on Right.
5&6 Left shuffle forward stepping Left. Right. Left.
7 – 8 Step forward on Right. Pivot 1/2 turn Left. (Facing 6 o'clock)

Shuffle 1/2 Turn Left. Shuffle 1/2 Turn Left. Stomp Out Right. Stomp Out Left. Right Sailor Step.

1&2 Right shuffle forward turning 1/2 turn Left. (Facing 12 o'clock)
3&4 Left shuffle back turning 1/2 turn Left. (Facing 6 o'clock)
5 – 6 Stomp Right out to Right. Stomp Left out to Left. (Shoulder width apart)
7&8 Cross Right behind Left. Step Left to Left side. Step Right to Right side.

Left Sailor Step. Touch Behind. Unwind 3/4 Turn Right. Forward Rock. Left Coaster Step.

1&2 Cross Left behind Right. Step Right to Right side. Step Left to Left side.
3 – 4 Touch Right toe behind Left. Unwind 3/4 turn Right. (Weight on Right) (Facing 3 o'clock)
5 – 6 Rock forward on Left. Rock back on Right.
7&8 Step Left back. Step Right together. Step Left forward.

Monterey Turn 1/4 Right. Ball Step. Cross. Hold. Extended Syncopated Cross Shuffle

1 – 2 Touch Right to Right. Turn 1/4 turn Right & step Right together. (Facing 6 o'clock)
3&4 Touch Left to Left. Step Left together. Cross step Right over Left.
5&6 Hold. Step Left to Left side. Cross step Right over Left.
&7&8 Step Left to Left side. Cross step Right over Left. #### Step Left to Left side. #### Cross step Right over Left

Kick. Kick. Behind. Side. Cross. 1/4 Turn Left. 1/2 Turn Left. Shuffle Forward Right.

1 – 2 Kick Left diagonally to the Left. Kick Left diagonally to the Left.
3&4 Cross Left behind Right. Step Right to Right side. Cross step Left over Right.
5 – 6 Turn 1/4 turn Left stepping back on Right. Turn 1/2 turn Left stepping forward on Left. (Facing 9 o'clock)
7&8 Right shuffle forward stepping Right. Left. Right.

Left Cross Samba. Right Cross Samba. Cross. Back. Back. Cross.

1&2 Cross step Left over Right. Step Right to Right side. Step Left in place.
3&4 Cross step Right over Left. Step Left to Left side. Step Right in place.
5 – 6 Cross step Left over Right. Step back Right diagonally to Right.
7 – 8 Step back Left diagonally Left. Cross step Right over Left. ^^

Back Back. Cross Unwind 3/4 Right. Forward Rock. Touch Behind. Unwind 1/2 Turn Right.

1 – 2 Step back Left diagonally Left. Step back Right diagonally to Right.
3 – 4 Cross step Left over Right. Unwind 3/4 turn Right. (Weight on Left) (Facing 6 o'clock)
5 – 6 Rock forward on Right. Rock back on Left.
7 – 8 Touch Right toe behind Left. Unwind 1/2 turn Right. (Weight on Right) (Facing 12 o'clock)

Forward Rock. Touch Behind. Unwind 1/2 Turn Left. Left Coaster Step. Full Turn.

1 – 2 Rock forward on Left. Rock back on Right.

3 – 4 Touch Left toe behind Right. Unwind 1/2 turn Left. (Weight on Right foot) (6 o'clock)
5&6 Step Left back. Step Right together. Step Left forward.
7 – 8 Turn full turn Left stepping forward Right. Left.

Start Again

Note: To fit the phrasing of the music, the following restart & tag/restart are required:

On Wall Two: After Count 31, omit the & count. For Count 32 step Left to Left side.

^^^ On Wall Four: After Count 48, add the following Tag:

1 – 2 On the balls of both feet, twist 1/4 turn Left (Weight on Left). Touch Right next to Left. Start again.

Ending: The music fades at the end. Dance Wall 6, then dance the first 8 counts of Wall 7. Finish with Stomp. Stomp.
