

Hole In Your Soul

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Emily Thomas (UK) - May 2008
音樂: Hole In Your Soul - ABBA : (CD: On And On)



Sequence: AAB, AAB, C, Tag, C, B, A to the end

PART A

- 1-2 Step right, pivot ½ left
- 3&4 Step right, lock left behind right, step right
- 5-6 Rock out to left and recover
- 7&8 Cross left behind right, step ¼ onto right foot, step left

- 1-2 Rock right forward foot and recover
- 3-4 Walk backwards (right-left)
- 5-6 Rock right back and recover
- 7-8 Keeping weight on left foot, pivot ½ right over right shoulder; hitch right knee

- 1-2 Rock right back and recover
- 3&4 Kick right to front, step right, step left
- 5-6 Sway hips left, right
- 7-8 Step ¼ left over left shoulder and hold

- 1-2 Step right, step turn ½ left back foot over right shoulder
- 3-4 Rock right back and recover
- 5-6 Sway right and hold
- 7&8 Cross left behind right, step ¼ onto right foot, step left

PART B

- 1-4 Right weave, scuff the left
- 5-8 Rock forward and backwards on left

- 1-4 Left weave, scuff the right
- 5-8 Rock forward and backwards on right

- 1-4 Step right, pivot ½ left, step right (clap twice)
- 5-8 Step left, pivot ½ right, step left (clap twice)

- 1-4 Walk forward right-left-right, kick left foot forward (walks can be replaced with ½ turns if preferred)
- 5-8 Walk backward left-right-left, touch right next to left

PART C

Much slower pace than rest of dance

- 1-2& Step right, rock left back and recover
- 3&4 Rock out to left, recover on right, touch left next to right
- 5&6 Step left, step ½ over left shoulder onto right foot, and step ½ over left shoulder onto left foot
- 7-8 Sway right, sway left

- 1-2& Step ¼ right onto right foot, step left, pivot ½ over right shoulder
- 3&4 Right sailor on spot
- 5-6 Cross left behind right, unwind/pivot ¾ over left shoulder

7&8& Step right, lock left foot behind right, step right; step left next to right on & count

TAG

1-2 Rock right forward foot and recover

3&4 $\frac{1}{2}$ turn step right back, $\frac{1}{2}$ turn step on left over right shoulder; step right

5-6 Rock left back foot and recover

7 Step left
