

Rosalita

COPPERKNOB
BY STEPHEN

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Hazel Pace (UK) - May 2008
音樂: Rosalita - Barbados



CROSS ROCK RECOVER, SIDE TOGETHER SIDE, CROSS, SIDE TOGETHER CROSS, ¼ TURN LEFT

1-2 Cross rock left over right, recover on right
3&4 Step left to side, step right beside left, left to left side
5 Cross right over left
6&7 Rock left to side, step right beside left, cross left over right
8 Make ¼ turn left stepping right back (9:00)

BALL CROSS, SWAY LEFT, RIGHT, BEHIND SIDE CROSS, SIDE, ROCK RECOVER SIDE

&1 Step left beside right, cross right over left
2-3 Step left to side swaying left, sway to right side
4&5 Cross left behind right, right to right side, cross left over right
6 Step right to side
7&8 Rock left behind right, recover on right, step left to side

BEHIND SIDE FORWARD, ROCK RECOVER, BACK LOCK BACK, FULL TURN BACK

1&2 Step right behind left, left to left side, step forward on right
3-4 Rock body forward onto left, recover on right
5&6 Step left back, lock right over left, step left back
7-8 Make ½ turn right stepping forward on right, make ½ turn right stepping left back

BACK LOCK BACK, ROCK RECOVER, STEP LOCK STEP, ROCK ¼ TURN LEFT RECOVER

1&2 Step right back, lock left over right, step right back
3-4 Rock left back turning body towards 6:00 (bending right knee towards left as you rock back)
recover on right (9:00)
5&6 Step forward on left, lock right behind left, step forward on left
7-8 Make ¼ turn left stepping right to right side pushing hips right, recover on left

CROSS RECOVER SIDE, ROCK RECOVER ¼ TURN LEFT, STEP ¼ LEFT CROSS, ½ TURN RIGHT

1&2 Cross rock right over left, recover on left, step right to side
3&4 Rock left behind right, recover on right, make ¼ turn left stepping forward on left (3:00)
5&6 Step forward on right, make ¼ turn left, cross right over left (12:00)
7-8 Make ¼ turn right stepping left back, make ¼ turn right stepping right to right side,(6:00)

CROSS ROCK RECOVER, FULL TRIPLE TURN LEFT,(MOVING TO LEFT SIDE), CROSS ROCK RECOVER, BALL CROSS SIDE

1-2 Cross rock left over right, recover on right
3&4 Make ¼ turn left stepping forward on left, ½ turn left stepping right back, ¼ turn left stepping left to left side,(alternative-side shuffle)
5-6 Cross rock right over left, recover on left
&78 Step right back, cross left over right, step right to side,(facing right diagonal)

REPEAT

ENDING: Facing 6:00, count 48 unwind ½ turn