

Won-Ah-Bee

COPPER KNOB
BY STEPHEN B. BROWN

拍數: 32 牆數: 4 級數: Improver
編舞者: Mad Matty (NL) - May 2008
音樂: Wannabe Like You - XYP



INTRO: Done ONLY ONCE, starting AFTER 32 counts. OR SKIP the intro and start the main dance after 36 counts

- 1& Clap hands together in front of body, slap right hand on right upper leg
- 2& Clap hand in front of body, slap left hand on left upper leg
- 3& Clap hands together in front of body, slap right hand on right upper leg, left hand on left upper leg
- 4& Clap hands together in front of body twice

THE MAIN DANCE

HEEL GRIND SWIVEL, ROCK, KICK SIDE, KICK FORWARD, (2X)

- 1& Right heel in front of left & right swivel toes to right
- 2& Right rock back, left recover
- 3& Right kick to the right (horizontal, so just let your leg go to the right), right step next to left
- 4& Left kick forward, left step next to right
- 5& Right heel in front of left & right swivel toes to right
- 6& Right rock back, left recover
- 7& Right kick to the right (horizontal, so just let your leg go to the right), right step next to left
- 8& Left kick forward, left step next to right

WALK TURN ½, RUN STEPS TURN ½, HEEL GRIND ¼ SAILOR ¼

- 1-2 Right walk ¼ right over left, left walk ¼ right over right
- 3&4 Right starting walk ½ right over left, left walk over right, right finish the run steps ½ right over left (like you run)
- 5-6 Left heel in front of right, swivel left toes to left while turn ¼ left
- 7&8 Left behind right start turn ¼ left, right step to side, left step forward finish ¼ left

RUMBA BOX RIGHT, LEFT (TRAVELING FORWARD), MAMBO STEP, COASTER STEP

- 1&2 Right step to the right, left step beside right, right step forward
- 3&4 Left step to left, right step beside left, left step forward
- 5&6 Right rock forward, left recover, right step beside left
- 7&8 Left step backward, right step next to left, left step forward

HITCH, TOUCH, TOUCH, HITCH, SHUFFLE BACK WITH HITCH, CROSS, BACK ¼, ROCK RECOVER, MONKEY RUNS

- 1& Right hitch in front of left, right touch to right
- 2& Right touch behind left, right hitch diagonally forward right
- 3&4 Right step back, left step beside right, right step back, while hitch left
- 5& Left cross over right, right step back turn ¼ left
- 6& Left rock to left, right take weight
- 7& Left cross over right bending right knee, right step to right straight knees
- 8 Left cross over right bending right knee

REPEAT

TAG: At the END of wall 2

- 1-4 Just do the 1st 4 counts of the main dance

