

Getting Started

拍數: 32 牆數: 4 級數: Improver
編舞者: Darren Mitchell (AUS) - May 2008
音樂: Just Got Started Lovin' You - James Otto : (CD: Single)



FORWARD, BACK, ½ TURN SHUFFLE, PADDLE TURN, SHUFFLE ACROSS

1-2 Step right forward, rock back onto left
3&4 Turning ½ turn right shuffle forward: right-left-right
5-6 Paddle: step left forward, turn ¼ turn right take weight onto right
7&8 Shuffle left across in front of right: left-right-left

¼ TURN, ½ TURN, ¼ TURN SIDE SHUFFLE, BACK, FORWARD, HEEL-BALL-CROSS

1 Turn ¼ turn left step right back
2 Turn ½ turn left step left forward
3&4 Turn ¼ turn left side shuffle to the right: right-left-right
5-6 Step left back, rock forward onto right
7&8 Touch left heel forward at 45 degrees left, step left back, step right across in front of left

SIDE ROCK, ROCK, SAILOR STEP, SAILOR STEP, TOUCH, UNWIND ½ TURN

1-2 Step left to the side, side rock onto right
3&4 Sailor: step left behind right, step right to the side, step left to the side
5&6 Sailor: step right behind left, step left to the side, step right to the side
7-8 Touch left toe back, unwind ½ turn left take weight onto right

BACK, FORWARD, SHUFFLE FORWARD, FORWARD, TOUCH, COASTER STEP

1-2 Step left back, rock forward onto right
3&4 Shuffle forward: left-right-left

RESTART from here on walls 4 and 7

5-6 Step right forward, touch left together
7&8 Coaster: step left back, step right together, step left forward

REPEAT

RESTART: On walls 4 (9:00) & 7 (6:00) dance to count 28, then restart dance from the beginning