

Bugle Boogie

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Nicola Lafferty (UK) - May 2008
音樂: Boogie Woogie Bugle Boy - Bette Midler : (CD: Greatest Hits)



TOE STRUTS, ROCK RECOVER, STEP SIDE TOUCHES

1-2 Touch ball of right forward, drop right heel
3-4 Touch ball of left forward, drop left heel
5-6 Rock right forward, recover on left
7-8 Step right to side, touch left beside right

STEP TOUCHES, GRAPEVINE WITH ¼ TURN AND BRUSH

1-2 Step left to side, touch right beside left
3-4 Step right to side, touch left beside right
5-6 Step left to side, cross right behind left
7-8 Making ¼ turn left step left forward, brush right forward

PIVOT ½ TURN, ¼ TURN WITH STOMPS

1-2 Step right forward, hold
3-4 Pivot ½ turn left, hold
5-6 Stomp right forward, hold
7-8 Making ¼ turn left stomp left to left side, hold

SUZY Q VINE

1-2 Step right heel across left, step left to side
3-4 Cross right behind left, step left to side
5-8 Repeat 1-4

ROCK AND RECOVER/JUMP, PIVOT TURN

1-2 Rock right forward, recover to left
3-4 Jump/step right together, hold (bend knees to a partial squat)
5-6 Step left forward, hold
7-8 Pivot ½ turn right, hold

TWISTS

1-4 Keeping weight on right, twist left heel, toe, heel and toe to left side
5-7 Keeping weight on right, twist left toe, heel, toe towards right
8 Step left next to right

REPEAT
