

Ba Yonga Wamba

COPPER KNOB
BYEPOSTETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Alison Carrington (UK) - May 2008
音樂: Ba Yonga Wamba - Banaroo : (CD: Fly Away)



WALK, WALK, CHARLESTON, COASTER, HIP BUMPS

1-2-3-4 Walk forward right, left, touch right forward, bring right back
5&6-7-8 Step left back, step right back, step left forward, hip bump left twice

SAILOR LEFT, SAILOR ¼ RIGHT, TOUCH, TOUCH, KICK, BALL, CROSS

1&2 Cross left behind right, step right to side, step left in place
3&4 Cross right behind left as make a ¼ turn right, step left in place, touch right in place
5-6-7&8 Touch right to right, touch right beside left, kick right forward, step on ball of right, cross left over right

½ MONTEREY, ROCK & TOUCH, KNEE BENDS DOWN & UP

1-2-3&4 Touch right to right & ½ turn right, side rock left on left, recover on right, touch left beside right
5-6-7-8 Make two knee bends on spot, down, up, down, up (with left foot slightly forward)

KICK, KICK, TOE STRUT, ROCK FORWARD, BACK, BEHIND, SIDE, CROSS

1&2& Kick right forward, bring right beside left, kick left forward, bring left beside right
3-4 Place right toe forward, place right heel down
5-6- Rock left forward, recover onto right
7&8 Bring left behind right, step right to right, cross left over right

REPEAT

ENDING: Dance should finish on back wall and at end of dance after last section (behind, side, cross), touch right toe forward & fling both arms high in a 'V' shape with palms facing out

TAG: Danced at the END of walls 1, 3 & 4

1-2-3-4 Hip sway right, left, right, left
5-6-7-8 Touch right to right, touch right across left, touch right to right, touch right beside left