

# The Way You Move

**COPPER** **KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate / Advanced  
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音樂: The Way You Move - Outkast : (CD: The Love Below)



## KICK, HEEL SWIVELS, HOP, HOLD

- 1 Kick right forward (cross over left)
- & Pull up right knee (still bit over left)
- 2 Step right to right side
- 3 Kick left forward (cross over right)
- & Pull up left knee (still bit over right)
- 4 Step left to left side
- 5 Right and left heel in
- & Right and left toe in
- 6 Right and left heel in
- & Hop forward on both feet
- 7 Land on both feet together
- 8 Hold

## WALK, KICK, SWIVELS, COASTER STEP

- 1 Step left forward turn  $\frac{1}{4}$  over left shoulder (facing 9:00)
- 2 Kick right forward
- 3 Bend both knees hands on knees
- 4 Stretch both knees
- 5 Step back on right swivel heels in
- & Swivel heels out (while doing this step back with left)
- 6 Put weight on left swivel heels in
- 7 Step back on right
- & Step left next to right
- 8 Step forward on right

## KNEES, STEP, KICK, $\frac{1}{2}$ TURN

- 1 Bend knees together inwards (hanging upper body a little to left side)
- & Move knees outwards
- 2 Bend knees inwards
- & Move knees outwards
- 3 Bend knees inwards
- & Move knees outwards
- 4 Bend knees inwards
- 5 Step forward on right foot  $\frac{1}{4}$  to left side (facing 6:00)
- 6 Kick left foot forward
- 7 Bend knees (hands on knees)
- 8 Turn  $\frac{1}{2}$  over right shoulder ending legs crossed ending weight on right foot (12:00)

## BEHIND, CROSS OVER, POINTS, $\frac{1}{2}$ TURN

- 1 Step back on left
- & Step right to right side
- 2 Step left cross over right
- 3 Touch right to right side
- & Pull up right knee while doing this turn  $\frac{1}{4}$  over right shoulder (3:00)
- 4 Touch right to right side

- 5 Put right next to left
- & Touch left backwards
- 6 Turn  $\frac{1}{2}$  over left shoulder (9:00)
- 7 Kick left forward
- & Put left next to right
- 8 Step right to right side (weight on left)

**REPEAT**

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