

# Count to 3

拍數: 48                      牆數: 4                      級數: Intermediate  
編舞者: Robbie McGowan Hickie (UK) - May 2008  
音樂: Hey You Count To 3 (James Roche Remix) - Melinda Schneider : (CD: My Oxygen)



Special Thanks to Niels Poulsen (Denmark) for his Suggestions in this dance

Intro: 16 Count intro

**Cross Samba (Left & Right). Step. Pivot 1/2 Turn Right. Left Shuffle 1/2 Turn Right.**

1&2                      Cross step Left forward over Right. Step Right slightly Right. Step forward on Left.  
3&4                      Cross step Right forward over Left. Step Left slightly Left. Step forward on Right.  
5 – 6                      Step forward on Left. Pivot 1/2 turn Right.  
7&8                      Turn 1/4 Right stepping Left to Left side. Step Right beside Left. Turn 1/4 Right stepping back on Left.

**Note: Travel Slightly Forward on Counts 1 – 4 above**

**Back Rock & Point. & Side Toe Switches. Right Cross Shuffle. 2 x 1/4 Turns Right. Cross.**

1&2                      Rock back on Right. Rock forward on Left. Point Right toe out to Right side. (Facing 12 o'clock)  
&3                      Step Right beside Left. Point Left toe out to Left side.  
&4                      Step Left beside Right. Point Right toe out to Right side. \*\*\*See Note Below for Restart Here\*\*\*  
5&6                      Cross step Right over Left. Step Left to Left side. Cross step Right over Left.  
7&                      Turn 1/4 Right stepping back on Left. Turn 1/4 Right stepping Right to Right side.  
8                      Cross step Left over Right. (Facing 6 o'clock)

**Monterey 1/2 Turn Right. Left Side Rock & Cross. Heel Jack. Hook. Step. Right Shuffle Forward.**

1 – 2                      Point Right toe out to Right side. Turn 1/2 turn Right stepping Right beside Left.  
3&4                      Rock Left out to Left side. Recover weight on Right. Cross step Left over Right.  
&5                      Step back on Right. Touch Left heel forward.  
&6                      Hook Left heel across Right shin. Step slightly forward on Left.  
7&8                      Right shuffle forward stepping Right. Left. Right. (Facing 12 o'clock)

**Heel Switches. Clap x 2. & Step. Pivot 1/2 Turn Left. Right Kick-Ball-Step Forward.**

1&2                      Dig Left heel forward. Step Left beside Right. Dig Right heel forward.  
&3                      Step Right beside Left. Dig Left heel forward.  
&4                      Clap x 2.  
&5 – 6                      Step Left beside Right. Step forward on Right. Pivot 1/2 turn Left.  
7&8                      Kick Right forward. Step ball of Right beside Left. Step slightly forward on Left. (Facing 6 o'clock)

**Step. Pivot 1/4 Turn Left. 1/4 Turn Right Shuffle. Step. Pivot 1/4 Turn Right. 1/4 Turn Left Shuffle.**

1 – 2                      Step forward on Right. Pivot 1/4 turn Left. (Weight on Left)  
3&4                      Turn 1/4 Right stepping slightly forward on Right. Step Left beside Right. Step forward on Right.  
5 – 6                      Step forward on Left. Pivot 1/4 turn Right. (Weight on Right)  
7&8                      Turn 1/4 Left stepping slightly forward on Left. Step Right beside Left. Step forward on Left.

**Forward Rock. Right Sailor Cross 3/4 Turn Right. Ball-Cross. Left Side Rock. Ball-Side.**

1 – 2                      Rock forward on Right. Rock back on Left. (Facing 6 o'clock)  
3&                      Turn 1/2 turn Right crossing Right behind Left. Turn 1/4 turn Right stepping Left to Left side.

4 Cross step Right over Left. (Facing 3 o'clock)  
&5 Step ball of Left to Left side. Cross step Right over Left.  
6 – 7 Rock Left out to Left side. Recover weight on Right.  
&8 Step ball of Left beside Right. Step Right to Right side.

### **Start Again**

**Restart: A Restart is needed during Wall 5 (Facing 12 o'clock) ... Dance up to Count 12 \*\*\* ... Then add on an "&" Count (Step Right beside Left) ... Then Start the dance again from the Beginning.**

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