

Long Legs

拍數: 32 牆數: 4 級數: Beginner / Novice
編舞者: Sue Ann Ehmann (USA) - May 2008
音樂: Long Legs (All The Way Up) - Billy Scott & the Prophets : (CD: New Friends New Music)



Intro: 16 cts. (vocals)

VINE RIGHT, TOUCH, VINE LEFT, TOUCH

1-2 Step right to side, step left behind right
3-4 Step right to side, touch left next to right (clap)
5-8 Step left to side, step right behind left
7-8 Step left to side, touch right next to left (clap)

JUMP/HOP FORWARD, CLAP, OUT, OUT, IN, IN, RIGHT TOE STRUT, LEFT TOE STRUT

&1-2 Jump/step right forward, jump/step left beside right, hold (clap)
&3&4 Step right to side, step left to side, step right next to left, step left next to right
5-8 Touch right toe forward, drop heel down
7-8 Touch Left toe forward, drop heel down

LINDY RIGHT, LINDY LEFT

1&2 Step right to side, step left next to right, step right to side
3-4 Rock left behind right, recover right
5&6 Step left to side, step right next to left, step left to side
7-8 Rock right behind left, recover left

PIVOT 1/2 LEFT, RIGHT TRIPLE FORWARD, PIVOT 1/4 RIGHT, LEFT TRIPLE FORWARD

1-2 Step right forward, pivot 1/2 left (shift weight to left) 6:00
3&4 Step right forward, step left next to right, step right forward
5-6 Step left forward, pivot 1/4 right (shift) weight to right 9:00
7&8 Step left forward, step right next to left, step left forward

Begin again!
