

Full Time Woman

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Barbara Hile (AUS) - May 2008
音樂: More Where That Came From - Dolly Parton : (CD: Slow Dancing With The Moon)



Intro: 16 COUNT INTRO

(1 – 8) R HEEL STRUT, L HEEL STRUT, PIVOT 1/8 L TURN, PIVOT 1/8 L TURN.

1 2 3 4 Place R Heel Fwd, Step Down on R, Place L Heel Fwd, Step Down on L.
5 6 7 8 Touch R Toe Fwd, Pivot 1/8 L Turn, Touch R Toe Fwd, Pivot 1/8 L Turn (9 o'clock).

(9 – 16) R HEEL STRUT, L HEEL STRUT, PIVOT 1/8 L TURN, PIVOT 1/8 L TURN.

1 2 3 4 Place R Heel Fwd, Step Down on R, Place L Heel Fwd, Step Down on L.
5 6 7 8 Touch R Toe Fwd, Pivot 1/8 L Turn, Touch R Toe Fwd, Pivot 1/8 L Turn (6 o'clock).

(17 – 24) R SIDE, BEHIND, ¼ R, HITCH, VINE LEFT, HITCH.

1 2 3 4 Step R to R Side, Cross L Behind R, Turn ¼ R Fwd Onto R, Hitch L Knee Across R.
5 6 7 8 Step L to L Side, Cross R Behind L, Step L to L Side, Hitch R Knee Across L.

(25 – 32) OUT, HOLD, OUT, HOLD, IN HOLD, IN, HOLD.

1 2 3 4 Step R Out @ 45 deg, Hold, Step L out @ 45 deg, Hold.
5 6 7 8 Step R Back to Centre, Hold, Step L Back to Centre, Hold

OPTIONAL: These Steps Can Be Danced With a Swinging Feel & Arms Go Well Too

BEGIN AGAIN

The Dance is Not Totally Phrased, But the Music is Good
