Can't Believe You're Gone



拍數: 32 編數: Intermediate / Advanced

編舞者: Malene Jakobsen (DK) - May 2008

音樂: Yesterday - Leona Lewis: (Album: Spirit)



Intro: 16 counts from the beginning – 16 seconds into track

Please note when reading the script - it is not as difficult as it may appear at first – the music helps you, do the steps feeling the music. Some steps might appear too difficult/quick to do, but the music is really slow enough for you to do them – just enjoy this song, another great track from her.

(1-9) Walks, ball step, ½, step, ball step, 1/8, cross rock side, cross rock, side rock

1-2	Walk L, R on I	_ diagonal	(10.30)

- &3& (&) Step L beside R, (3) step forward on R, (&) turn ½ L (04.30)
- 4 Step forward on R
- &5 (&) Step L beside R, (5) step forward on R
 Turn 1/8 L stepping L to L side (03.00)
- 7e (7) Cross R over L, (e) recover onto L &a (&) Step R to R side (a) cross L over R,
- 8 Recover onto R
- &1 (&) Rock L to L side, (1) recover onto R

(10-16) Cross, ¼, ¼, cross rock side, cross, full turn, side rock, back rock, side rock

- 2 Cross L over R
- &3 (&) Turn ¼ L stepping back on R, (3) turn ¼ L stepping L to L side (09.00)
- &4& (&) Cross R over L, (4) recover onto L, (&) step R to R side
- 5 Cross L over R
- 6 Make full turn slowly R keeping weight on L
- 7e (7) Rock R to R side (e) recover onto L
- &a (&) Rock back on R, (a) recover onto L
- 8& (8) Rock R to R side, (&) recover onto L

(17-25) ¼, cross, step, step, cross, scissor, ¼, rocking chair, ½, step

- 1 Turn ¼ R stepping forward on R sweeping L from back to front (12.00)
- 2 Cross L over R
- &3& (&) Step diagonally back on R on, (3) step diagonally back on L, (&) cross R over L
- 4&5 (4) Step L to L side, (&) step R beside L, (5) cross L over R
- Turn ¼ R stepping forward on R (03.00)

 (7) Rock forward on L, (e) recover onto R
- &a (&) Rock back on L, (a) recover onto R 8& (8) Step forward on L, (&) turn ½ R
- 1 Step forward on L (09.00)

Note: Travel backwards when doing steps &3

(26-32) Lock step, rock step, ¼, cross, unwind step, cross rock, side rock, step, drag

- 2&3 (2) Step forward on R, (&) lock L behind R, (3) step forward on R
- &4& (&) Rock forward on L, (4) recover onto R, (&) turn ¼ L stepping L to L side (06.00)
- 5 Cross R over L
- 6 On ball of R unwind full turn L stepping L to L side
- 7e (7) Cross R over L, (e) recover onto L &a (&) Rock R to R side (a) recover onto L
- 8& (8) Step R to R side, (&) drag L to meet R lifting knee so that L foot slides from the ankle up
 - R leg with L toes pointing to the floor

Finish: The music ends during wall 7 (beginning front wall) dance section 1 & 2 and the count 1 in section 3 (1/4 R sweep) and finish at (12.00)