

Like A Dream

COPPERKNOB
BY STEPHEN

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Peter Metelnick (UK) & Alison Metelnick (UK) - May 2008
音樂: It's Your World Now - Eagles : (CD: Long Road Out Of Eden)



Start 32 counts after the beat kicks in, on the word 'day', when he sings the lyric 'a perfect DAY

(1-8) Vine R with ½ R turn and 3 hip sways L, R, L, R rock back & recover

1-3 Step R side, cross step L behind R, turning ¼ right step R forward
4-6 Turning ¼ right sway hips left, sway hips right, sway hips left (weight ends on left)
7-8 Rock R back, recover weight on L (facing 6 o'clock)

(9-16) Vine R with ½ R turn and 3 hip sways L, R, L, R rock back & recover

1-3 Step R side, cross step L behind R, turning ¼ right step R forward
4-6 Turning ¼ right sway hips left, sway hips right, sway hips left (weight ends on left)
7-8 Rock R back, recover weight on L (facing 12 o'clock)

(17-24) Walk fwd R & L, R fwd rock & recover, R full turn back, R back rock & recover

1-4 Step R forward, step L forward, rock R forward, recover weight on L
5-8 Turning ½ right step R forward, turning ½ R step L back, rock R back, recover weight on L

Easier alternative for 5-8: walk back R, L, R rock back & recover (facing 12 o'clock)

(25-32) R fwd, ½ L pivot turn, R fwd, ¼ L pivot turn, R jazz box cross

1-4 Step R forward, pivot ½ L, step R forward, pivot ¼ L (use your hips on turns – it feels good!)
5-8 Cross step R over L, step L back, step R side, cross step L over R (facing 3 o'clock)

(33-40) R side box, R cross step, L side rock & recover, L cross step

1-4 Step R side, step L together, step R back, step L side
5-8 Cross step R over L, rock L side, recover weight on R, cross step L over R (facing 3 o'clock)

(41-48) ½ L hinge turn, R cross rock & recover, R side, L cross rock & recover, 1/4 L & L fwd

1-2 Turning ¼ left step R back, turning ¼ left step L side
3-4 Cross rock R over L, recover weight on L
5-8 Step R side, cross rock L over R, recover weight on R, turning ¼ left step L forward (facing 6 o'clock)

(49-56) R fwd, ¼ L pivot turn, weave L 3, L sweep behind, L cross behind, R side

1-2 Step R forward, pivot ¼ left
3-6 Cross step R over L, step L side, cross step L behind R, sweep L from front to back
7-8 Cross step L behind R, step R side (facing 3 o'clock)

(57-64) L cross step, R sweep over, R cross step, L side, R cross behind, ¼ L & L fwd, ½ L pivot turn

1-2 Cross step L over R, sweep R from back to front
3-4 Cross step R over L, step L side
5-6 Cross step R behind L, turning ¼ left step L forward
7-8 Step R forward, pivot ½ left (facing 6 o'clock)

NB: Turn ¼ left to start dance on next wall (facing 3 o'clock)

ENDING: Final rotation will start facing back wall. Dance 1st 32 counts changing 31-32: turning ¼ R towards front wall step R side, step L forward & hold (the end)