

Forever Amen

拍數: 32 牆數: 0 級數: Improver
編舞者: Moses Bourassa Jr. (USA) & Barbara Frechette (USA) - May 2008
音樂: Forever and Ever, Amen - Randy Travis



Adapted for Line Dancers from couples dance by Peter & Val Simm

If it wasn't for their couples dance that we love, we wanted the line dancers to have their version.

CROSS ROCK RECOVER, CHASSE RIGHT, CROSS ROCK RECOVER, CHASSE LEFT

1-2 Cross rock right over left, recover onto left
3&4 Step right to right, step left beside right, step right to right side
5-6 Cross rock left over right, recover onto right
7&8 Step left to left, step right beside left, step left to left side

ROCK RECOVER, CHASSE RIGHT ¼ TURN LEFT. ROCK RECOVER, SHUFFLE FORWARD

1-2 Rock back on right, recover on left
3&4 Step right to right side, step left beside right, step right to right side with a ¼ turn left)
5-6 Rock back on left, recover on right
7&8 Step forward on left, together with right, step forward on left

STEP ¼ TURN LEFT, CHASSE RIGHT, CROSS ROCK RECOVER, CHASSE LEFT ¼ TURN LEFT

1-2 Step right ¼ turn left, step together on left
3&4 Step right to right, step left beside right, step right to right
5-6 Cross left over right, recover on right
7&8 Step left to left side, step right beside left, step left to left side with ¼ turn left

STEP 1/2 TURN LEFT, FORWARD SHUFFLE, ROCK STEP, COASTER STEPS

1-2 Step right forward turning ½ turn left, step left beside right
3&4 Shuffle forward right,left,right
5-6 Rock forward on left, recover on right
7&8 Step back on left, step back on right , step forward on left

REPEAT
