No Bastara

拍數: 64 **牆數:** 4 **級數:** Improver / Intermediate

編舞者: Pete Harkness (UK) & Terry Cullingham (UK) - April 2008

音樂: No Bastará - David Civera : (CD: No Bastara)

Start 32 counts in

Sec 1: KICK STEP, SIDE SHUFFLE, JAZZ BOX ¼ TURN RIGHT

1,2,3&4	Kick right to right diagonal , small step back on right, step left to side&step right beside left ,step left to side
5,6,7,8	Cross right over left, ¼ turn right stepping back on left, step right to side, step forward on left

Sec 2: STEP ¼ TURN, CROSS SHUFFLE, ROCK ¼ TURN, LEFT SHUFFLE

1,2,3&4	Step forward on right, ¼ turn to left, cross right over left&step left to side, cross right over left
5,6,7&8	Rock left to side, rec weight ¼ turn right, step left in front&step right beside left, step left in front

Sec 3: STEP LOCK, STEP LOCK SHUFFLE, ROCK REC, TOUCH BACK ¾ TURN

1,2,3&4	Step forward on right, lock left behind right, step forward on right&lock left behind right, step forward on right
5,6,7,8	Rock forward on left, rec on right, touch left toes behind right, unwind ¾ turn left(weight on left)

Sec 4: SIDE CROSS, SIDE SHUFFLE, CROSS SIDE, ROCK REC

1,2,3&4	Step right to side, cross left over right, step right to side&step left beside right, step right to side
5,6,7,8	Cross left over right, step right to side, rock back on left , rec on right

Sec 5: SIDE CROSS, SHUFFLE ¼ TURN, SIDE CROSS, ¼ TURN, STEP BACK

1,2,3&4	Step left to side, cross right over left, step left to side&step right beside left, ¼ turn right stepping back on left
5,6,7,8	Step right to side, cross left over right, ¼ turn left stepping back on right, step back on left

Sec 6: ROCK REC, TOE STRUT ½ TURN, ROCK REC, TOE STRUT ½ TURN

1,2,3,4	Rock back on right, rec on left, touch right toes in front, ½ turn to left stepping down on right heel
5,6,7,8	Rock back on left, rec on right, touch left toes in front, ½ turn right stepping down on left heel

Sec 7: BACK, CLOSE, SKATE RIGHT LEFT, JAZZ BOX ¼ TURN

1,2,3,4	Step back on right, close left beside right, moving forward skate right then left
5,6,7,8	Cross right over left, ¼ turn right stepping back on left, step right to side, cross left over right

Sec 8: MONTERREY TURN, STEP PIVOT, TOUCH CROSS

1,2,3,4	Touch right to side, on ball of left ½ turn to right stepping right beside left,touch left to side,touch left beside right
5,6,7,8	Step forward on left, ½ pivot turn right, touch left to side, cross left over right

BEGIN AGAIN