

# Long Road Out Of Eden

**COPPER KNOB**  
BY STEPHENETS

拍數: 40      牆數: 4      級數: Intermediate  
編舞者: Farly Iguchi (JP) - May 2008  
音樂: What Do I Do With My Heart - Eagles



Dance Starts after 32 Counts.

Dance: 32,40,32,40,32,32,40,13

Restart 4 times

## Section 1: NIGHTCLUB BASIC LEFT, NIGHTCLUB BASIC RIGHT, 1/2TURN, CROSS, NIGHTCLUB BASIC RIGHT RIGHT

- 1-2&      Step Left to left side(1), step Right behind left(2), cross Left slightly over right(&)  
3-4&      Step Right to right side(3), step Left behind right(2), cross Right slightly over left(&)  
5-6&      Make a 1/4 turn left and step forward on Left(5), Make a 1/4 turn left and step Right to slightly right side(6), Cross Left over right(&) (6:00)  
7-8&      Step Right to right side(7), step Left behind right(8), step forward on Right (&) (6:00)

## Section 2: 1/2 TURN, SIDE, CROSS, 3/4 TURN, FORWARD, LUNGE FORWARD, RECOVER, SWEEP BACK, SWEEP BACK

- 1-2&      Make a 1/2 turn right and step back on Left(1), step Right to right side(2), cross Left over right(&) (12:00)  
3&4&      Make a 1/4 turn left and step back on Right(3), Make a 1/4 turn left and step side on Left(&),  
Make a 1/4 turn left and step forward on Right(4), step forward on Left(&) (3:00)  
5-6      Lunge forward on Right(5), recover on Left (6).  
7-8      Sweep Right back(7), sweep Left back (8)

## Section 3: SWEEP BACK, COASTER STEP, TOUCH, MONTEREY 3/4 TURN, TOUCH, CROSS, 1/4 TURN

- 1      Sweep Right back  
2&3      Step back on Left(2), step Right next to left(&), Step forward on Left(3)  
4-5-6      Touch right to right side(4), 3/4 turn clockwise to right stepping Right next to left(5), touch left to left side(6) (12:00)  
7&8      Cross Left over right(7), Make a 1/8 turn left and step back on Right(&), Make a 1/8 turn left and step side on Left(8) (9:00)

## Section 4: FORWARD, 1/4 TURN CROSS, SIDE, COASTER STEP, FORWARD ROCK, RECOVER, SAILOR 3/4 TURN RIGHT

- 1-2&      Step forward on Right(1), Make a 1/4 turn left and cross Left over right(2), step Right to slightly right side(&) (6:00)  
3&4      Step back on Left(3), step Right next to left(&), Step forward on Left(4)  
5-6      Forward rock Right(5), recover on Left, weight on Left to sweep Right into sailor(6)  
7&8      Cross step Right behind Left making 1/4 turn to Right(7), make 1/4 turn to Right stepping Left next to Right(&), Make a 1/4 turn to right cross step Right over Left(8) (3:00)

RESTART: DURING wall 1, 3, 5, 6

## Section 5: SIDE ROCK, RECOVER, WEAVE, FORWARD ROCK, RECOVER, FULL TURN

- 1-2      Rock Left to left side(1), recover on Right(2)  
3&4      Cross Left behind right(3), step Right to right side(&), cross Left over right(4)  
5-6      Forward rock on Right(5), recover on Left(6)  
7-8      Make a 1/2 turn right and step forward on Right(7), 1/2 turn with the ball of right, touch Left next to right (8)

