

Machismo

拍數: 48 牆數: 4 級數: Improver
編舞者: Moses Bourassa Jr. (USA) & Barbara Frechette (USA) - May 2008
音樂: Vaya Con Dios - Freddy Fender



Or Music:

A House with no Curtains by Alan Jackson

I still a guy by Brad Paisley

Forward Basic Steps,Balance Steps

1-3 Step forward on Left,step Right next to left,step left next to right
4-6 Step back on right,step left next to right,step right next to left

Cross-Point-Holds

1-3 Cross Left Over Right,Point Right to right side,Hold
4-6 Cross right over left,Point Left to left side,Hold

Rock Step,Recover Step,Back Step,Cross Step,Back Steps

1-3 Rock forward on left,recover on Right,Step back on Left
4-6 Cross Right over Left,Step back on Left,Step right next to left

Coaster Steps,Forward Step,1/4 CCW Turn,Cross Step

1-3 Step back on left,step back on right,step forward on left
4-6 Step forward on right,step left making 1/4 CCW Turn,Cross right over left

Twinkles

1-3 Step left to left side,step right next to left,Cross left over right
4-6 Step right to right side,step left next to right,cross right over left

Back Steps,Cross Step,1/4 CW Turns,In Place Step

1-3 Step back on Left,Cross right in front of left,step back on Left
4-5 Step right making 1/4 CW Turn,Step Left making 1/4 CW Turn
6 Step Right next to left

Reverse Sailor Shuffles

1-3 Step left behind right,step right to right side,step left to left side
4-6 step right behind left,step left to left side,step right to right side

Forward Step,1/2 CW Turns,Coaster Steps

1-2 Step forward on Left,Step right making 1/2 CW Turn
3 step left making 1/2 CW Turn
4-6 Step back on right,step back on Left,Step forward on right

End of dance
