

Chemistry

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Simon Ward (AUS) - February 2008
音樂: Be Without You - Mary J. Blige : (CD: The Breakthrough)



- 1-2& Step left to left side dragging right, cross/rock right behind left, rock/recover weight onto left
3-4& Step right to right side making a $\frac{1}{4}$ turn right, step left forward, pivot $\frac{1}{4}$ turn right taking weight onto right
5-6& Cross/step left over right, step right to right side making $\frac{1}{4}$ turn left, step left back making $\frac{1}{4}$ turn left
7-8& Cross/rock right over left turning $\frac{1}{8}$ left (45 deg), step left back making a $\frac{1}{2}$ turn right, step right slightly forward completing $\frac{1}{2}$ turn right (4.30)
- 1-2& Step left slightly forward making a $\frac{3}{4}$ turn right swinging right foot around, rock/step right to right side (1.30), rock/recover weight onto left making a $\frac{1}{4}$ turn left (10.30)
3-4& Step right slightly forward making a full turn left swinging left foot around, rock/step left forward, rock/recover weight back onto right (10.30)
5-6 Step left back dragging right, step right back dragging left
7&8 Step left back, step right beside left turning $\frac{1}{8}$ right, step left forward sweeping right to right side anticlockwise (12.00)
- 1&2 Cross/step right over left, step left to left side, step right behind left sweeping left to left anti-clockwise
3&4 Step left behind right, step right to right side making a $\frac{1}{4}$ turn right, step left slightly forward sweeping right to right side anti-clockwise (3.00)
5&6 Cross/step right over left, step left to left side, step right behind left sweeping left to left anti-clockwise
7&8 Step left behind right, step right to right side, cross/step left over right
& Make a $\frac{3}{4}$ turn right taking weight onto right (12.00)
- 1-2& Rock/step left forward, rock/recover weight back onto right, step left beside right
3-4& Rock/step right forward, rock/recover weight back onto left, step right beside left
5-6 Step left forward, pivot a $\frac{1}{4}$ turn right taking weight onto right (3.00)
7&8 Cross/step left over right, step right to right side making a $\frac{1}{4}$ turn left, step left back making a $\frac{1}{2}$ turn left
& Step right beside left (6.00)

RESTART
