

Old Hippie

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Tom Monaghan (NZ) & Wendy Monaghan (NZ) - May 2008
音樂: Old Hippie - Bellamy Brothers



Start 16 counts in on vocals

Sect 1: BACK, ROCK, SHUFFLE, FWD, ½ PIVOT, COASTER.

123&4 Rock back on L foot, recover on R, shuffle fwd L R L,
567&8 Step R fwd, pivot ½ left, (weight R), L coaster step. [6-00]

Sect 2: MAMBO, COASTER, R KICKBALL TOUCH, L KICKBALL TOUCH.

1&23&4 Step R fwd, recover on left, step R beside L, step L back, step R beside L, step L fwd.
5&67&8 Kick R fwd, step R beside L, touch L beside R. kick L fwd, step L beside R, touch R beside L.

Sect 3: HEEL,TOE, STOMP FWD,HEEL BOUNCE X2.

123&4 Touch R heel fwd, touch R toe back, stomp R foot fwd, bounce R heel twice,
567&8 Touch L heel fwd, touch L toe back , stomp R foot fwd, bounce L heel twice.

Sect 4: SIDE SHUFFLE, COASTER, CROSS SHUFFLE, FWD. ½ PIVOT, STEP

1&23&4 Side shuffle R L R, step L back, step R beside L, step L fwd,
5&67&8 Cross shuffle R L R, step L fwd, pivot ½ turn R, step L fwd. [12-00]

Sect 5: SAILOR STEP, ¼ TURN SAILOR STEP,SAILOR STEP, ¼ TURN SAILOR STEP.

1&23&4 Step R behind L, step L to side, step R to side, step L behind R, step R to side turning ¼ R,
step L to side. [9-00]
5&67&8 Repeat above 4 counts , # tags & restarts here [6-00]

Sect 6: KICK & POINT, KICK & POINT, BEHIND UNWIND, SIDE SHUFFLE

1&23&4 Kick R fwd, step R beside L, point L to side, Kick L fwd, step L beside R, point R to side.
567&8 Touch R toe behind L foot, unwind ½ turn R, side shuffle L R L. [12-00]

Sect 7: BACK, FWD, ¼ TURN SIDE SHUFFLE , ¼ TURN SIDE SHUFFLE, BACK, FWD.

123&4 Rock back on R, recover on L, side shuffle R L R making ¼ turn R, [9-00]
5&678 turn ¼ R side shuffle L R L, rock R back, recover onto L. [6-00]

Sect 8: CROSS, SIDE, ROCK, BACK, ROCK, KICKBALL CHANGE, WALK. WALK.

1&234 Step R across L, step L to side, step R to side, rock back on L, recover on R,
5&678 Kick L fwd, step L beside R, step R beside L, walk, walk.

Tag & Restart On walls 3 & 5: dance to count 40 of section 5 then add an & count by stepping R beside L then restart from beginning.

You will be facing the back wall (6-00) both times.