No Easy Goodbye



編舞者: Christien van Londen (NL) - April 2008

音樂: No Easy Goodbye - South Sixty Five: (CD: South Sixty Five)



Intro: 12 seconds start the dance after the drum.

Or Music: No Easy Goodbye by Bobby D Sawyer

Dance: count 28, 28, 32, 28, 28, 32, 32, 32, 32, 14

Section 1: SIDE, ROCK, BACK, RECOVER, SIDE, CLOSE, SIDE, LEFT CROSS, 3/4 UNWIND RIGHT, SIDE, RECOVER, CROSS

1,2,3 Step left to left side, Rock back on right, Recover on to left (12:00)
4&5 Step right to right side, Step left next to right, Step right to right side
6, 7 Cross left over right, Unwind ¾ turn right (end with weight on left) (9:00)
8&1 Rock right to right side, & Recover on to left, Cross right over left

Section 2: SIDE, BEHIND, 1/4 LEFT, FULL TURN, WALK, WALK, ROCK FORWARD, RECOVER, STEP BACK

2, 3 Step left to left side, Step right behind left

4&5 ¼ Turn left stepping left forward, & Turn ½ left stepping right back, Turn ½ left stepping left

forward (6:00)

6, 7 Step forward on right, Step forward on left

8&1 Rock forward on right, & recover on to left, Step back on right

Section 3: WALK, WALK, SIDE SWAYS LEFT, RIGHT, LEFT, CLOSE, SIDE, TOUCH, 1/4TURN RIGHT, STEP FORWARD

2, 3 Step back on left, Step back on right

4&5 Step left to left side swaying hips left, & right, left

6, 7 Step right next to left, Step left to left side,

Touch right next to left, & ¼ turn right, Step forward on right

Section 4: STEP, 1/2 PIVOT RIGHT, 1/2 TURN BACK, SWEEP, BEHIND, SIDE, CROSS

2,3,4 Step forward on left, ½ Turn right over two counts (end with weight on right) (3:00)

***** 28 counts

5, 6
 ½ Turn right stepping back on left, Sweep right right toe from front to back
 Step right behind left, & Step left to left side, Cross right in front of left

Begin again

Dance ends on count 6 in section 2, To face 12 o'clock, Cross left over right unwind 3/4 right.