My Little Heart



編舞者: Mike O'Brien (UK) - May 2008

音樂: Break My Little Heart In Two - Carlene Carter: (CD: Stronger)



Intro: 12 count intro.

Section 1: Right coaster step. Left lock step. Touch right to right side, hip bumps R-L-R. Sailor ½ turn.

Step back on right. Step left beside right. Step forward right.Step forward left. Lock right behind left. Step forward left.

Touch right to right side. 3 hip bumps R-L-R.

7&8 Step right behind left turn ½ right. Stepping left to left side. Step right in place

Section 2: Side rock recover. Shuffle left. Touch forward step back. Back lock step.

1-2 Rock left to left side. Rock onto right in place.

3&4 Step forward left. Close right beside left. Step forward left.

5-6 Touch right toe in font of left. Step right behind left.

7&8 Step back right. Lock left across right. Step back right.

Section 3: Sailor 1/4 turn. Rock & cross. Step touch. Step touch. Rock & cross1/4 turn.

1&2 Step right behind left turn ¼ right. Stepping left to left side. Step right in place.

3&4 Step left to left side. Step right in place. Step left over right

Step right to right side. Touch left beside right.Step left to left side. Touch right beside left.

7&8 Step right to right side. Step left in place. Step right over left1/4 turn left.

Section 4: Jazz box & stomp. Swivel right & clap. Swivel left & clap.

1-2 Cross left over right. Step back on right.3-4 Step left to left side. Stomp right beside left.

5&6& Swivel 2 heels to the right. Swivel 2 toes to right. Swivel 2 heels to right &clap.

7&8& Swivel 2 heels to the left. Swivel 2 toes to left. Swivel 2 heels to left &clap.

This dance finishes on the front wall. When you're on section 2, replace counts 5-6 with a kick ball change to finish.