

# Calling U

拍數: 32      牆數: 0      級數: Intermediate Pop Hip Hop  
編舞者: Julie Carr (UK) - April 2008  
音樂: Callin' U - Outlandish : (Album: Closer Than Veins, iTunes)



## Back cross back step, side cross R ¼ turn, R ½ Turn right.

- 1&2      Step right foot back, cross left foot over right, step back diagonal on right foot  
3&4      Step left foot to left cross right over left make a ¼ turn right as you step back onto left.  
            3oclock  
5-6      Make ¼ turn right as you step on to right foot, then make a furthe1/2 turn right stepping onto  
            left foot. Face front.  
7-8      Two slow hips sways right then left  
&      (Sweeping right foot out ready for sailor step) slow

## Right sweeping sailor & left sailor ¼ turn, Runs forward, Run back .

- 1&2      Make a slow right sailor step  
&3&4      Sweeping left foot out Make a left ¼ turn sailor step . slow  
5&6      Run forward R L lean forward on right foot like you have been hit in stomach, slight hold  
            leaving left toes on the ground  
7&8      Run back L R L. small step

## Funky walks back, R sailor Sailor ¼ turn Hip rolls modified sailor

- 1-2      Make two funky walks back R L. ( Slide feet along ground  
3&4      Make right ¼ turn right, modified sailor rolling knee out & round to right leaving left foot on  
            ground, knees bent (alternative normal sailor turns )  
5&6      Modified Left ½ sailor turn . ( same as right sailor above.)  
7-8      Two right hip rolls, Roll right hip up & out to right (press down onto right foot)

## R Coaster step, full turn left, coaster touch kick & cross step

- 1&2      Right coaster step  
3-4      Make 1/2 turn left as you step forward on to L 1/2 turn left as you step back on R.  
5&6      Left coater touch, touch left foot out to left  
7-8      Kick left foot out diagonal side. then cross over & step onto it over R Weight on left.

Ready to start dance again.

The music fades away in places just dance through it.

This is a real cool track. Please put your own style & attitude into it.

Hope you enjoy

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