

# There's Hope

COPPER KNOB  
BY STEPHEN METZ

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Johanna Barnes (USA) - May 2008  
音樂: There's Hope - India.Arie



## (1~8): R SIDE STEP, ROCK-RECOVER, L SIDE STEP, ROCK-RECOVER, R FWD MAMBO, L BACK MAMBO

1            R step to R side\*  
2            L rock cross behind R  
&            R recover weight  
3            L step to L side\*  
4            R rock cross behind L  
&            L recover weight  
5            R rock forward  
&            L recover weight  
6            R step back  
7            L rock back  
&            R recover weight  
8            L step forward

\* angle your body as you take the side steps

## (9~16): R TAP ¼ L, R ROCK-RECOVER-CROSS, L ROCK-RECOVER-CROSS, REVERSE TAP-SWIVEL STEPS

&            R tap next to L, while making ¼ turn L (face 9:00)  
1            R rock to R side  
&            L recover weight  
2            R step across L  
3            L rock to L side  
&            R recover weight  
4            L step across R  
&            R tap next to L  
5            R step out R, swivel L heel (L toe L)  
&            L tap next to R  
6            L step out L, swivel R heel (R toe R)  
&            R tap next to L  
7            R step out R, swivel L heel (L toe L)  
&            L tap next to R  
8            L step out L, swivel R heel (R toe R)

## (17~24): R WEAVE L, L & R KICK- CROSSROCK- RECOVER, CROSS TRIPLE ¼ L

1            R step behind L  
&            L step to L side  
2            R step across L  
3            L kick forward  
&            L cross step over R  
4            R rock back  
&            L recover weight  
5            R kick forward  
&            R cross step over L  
6            L rock back  
&            R recover weight

7 L step across R  
& R step back ¼ L turn (face 6:00)  
8 L step back

**(25~32): R BACK COASTER STEP, L TRIPLE LOCK-STEP FORWARD, HEEL STRUTS (4 WALKS)\***

1 R step back  
& L step next to R  
2 R step forward  
3 L step forward  
& R step behind L (or next to)  
4 L step forward  
5 R heel step forward  
& R step down  
6 L heel step forward  
& L step down  
7 R heel step forward  
& R step down  
8 L heel step forward  
& L step down

**\* many options for these forward walks/ struts: swivets, Shorty Georges, hitch turns, etc!**

**(BEGIN AGAIN!!)**

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