

# Just A Bad Day

**COPPER** **NOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Moses Bourassa Jr. (USA) & Barbara Frechette (USA) - April 2008  
音樂: You Had A Bad Day - Daniel Powter



## Start of Dance

### Side Step,Sailor Shuffles,Forward Step

1            Step Left to Left Side  
2&3        Step Right behind Left,Step Left to Left side,Step Right to Right side  
4&5        Step Left behind Right,Step Right to Right side,Step Left to Left side  
6&7        Step Right behind Left,Step Left to Left side,Step Forward on Right  
8            Step Forward on Left

### Make 1/2 CW Turn,1/2 CW Turning Shuffle,Coaster Steps,Forward Shuffle,Forward Step

1            Step Right making 1/2 CW Turn  
2&         Step Left making 1/4 CW Turn,Step Right making 1/4 CW Turn  
3            Step back on Left  
4&5        Step back on Right,Step back on Left,Step Forward on Right  
6&7        Shuffle Forward Left,Right,Left  
8            Step Forward on Right

### Make 1/4 CCW Turn,Cross Shuffle,Side Shuffle,Coaster Steps,Forward Step

1            Step Left making 1/4 CCW Turn  
2&3        Cross Right over Left,Step Left to Left side,Cross Right over Left  
4&5        Shuffle to the Left side Left,Right,Left  
6&7        Step back on Right,Step back on Left,Step Forward on Right  
8            Step Forward on Left

### Make 1/4 CW Turn,Cross Shuffle,1/4 CW Turning Shuffle.Forward Step,1/2 CW Turning Shuffle

1            Step Right making 1/4 CW Turn  
2&3        Cross Left over Right,Step Right to Right side,Cross Left over Right  
4&         Step Right making 1/4 CW Turn,Step quickly with Left  
5            Step forward quickly on Right  
6            Step forward on Left  
7            Step Right  
&8         Step making 1/2 CW Turn,Rock back on Left Step Forward on Right

## End of Dance