

Just A Bad Day

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Moses Bourassa Jr. (USA) & Barbara Frechette (USA) - April 2008
音樂: You Had A Bad Day - Daniel Powter



Start of Dance

Side Step,Sailor Shuffles,Forward Step

1 Step Left to Left Side
2&3 Step Right behind Left,Step Left to Left side,Step Right to Right side
4&5 Step Left behind Right,Step Right to Right side,Step Left to Left side
6&7 Step Right behind Left,Step Left to Left side,Step Forward on Right
8 Step Forward on Left

Make 1/2 CW Turn,1/2 CW Turning Shuffle,Coaster Steps,Forward Shuffle,Forward Step

1 Step Right making 1/2 CW Turn
2& Step Left making 1/4 CW Turn,Step Right making 1/4 CW Turn
3 Step back on Left
4&5 Step back on Right,Step back on Left,Step Forward on Right
6&7 Shuffle Forward Left,Right,Left
8 Step Forward on Right

Make 1/4 CCW Turn,Cross Shuffle,Side Shuffle,Coaster Steps,Forward Step

1 Step Left making 1/4 CCW Turn
2&3 Cross Right over Left,Step Left to Left side,Cross Right over Left
4&5 Shuffle to the Left side Left,Right,Left
6&7 Step back on Right,Step back on Left,Step Forward on Right
8 Step Forward on Left

Make 1/4 CW Turn,Cross Shuffle,1/4 CW Turning Shuffle.Forward Step,1/2 CW Turning Shuffle

1 Step Right making 1/4 CW Turn
2&3 Cross Left over Right,Step Right to Right side,Cross Left over Right
4& Step Right making 1/4 CW Turn,Step quickly with Left
5 Step forward quickly on Right
6 Step forward on Left
7 Step Right
&8 Step making 1/2 CW Turn,Rock back on Left Step Forward on Right

End of Dance
