

Friends

拍數: 32 牆數: 4 級數: Intermediate / Advanced
編舞者: Michel Platje (NL) & Anita Zwiers (NL) - April 2008
音樂: Father & Friend - Alain Clark



TAG: 2nd wall Count 23 Lf step forward. 24 RF recover 1/4 turn left start again

TAG: 7th wall count 16 Lf step to left 1/4 right & Rf next to LF start again

Step out, Cross behind, Full turn, Step back, ½ turn, walk walk

- 1 LF Step to Left side
- 2 RF Cross behind Left
- 3 LF Start Full turn over right shoulder whilst doing this start sweep Right foot
- 4 LF End Full turn and ending sweep right foot from front to back
- 5 RF Step back
- & LF Step beside RF
- 6 RF Step forward ½ turn right (6.00)
- 7 LF Step forward
- 8 RF Step forward

Step out, Hold, Cross shuffle, Rockstep, ½ turn

- & LF Step to left side
- 1 RF Point toe diagonal forward
- 2 Hold
- 3 RF Cross over LF ¼ right (9.00)
- & LF Step next to RF
- 4 RF Cross over LF
- 5 LF Step to Left side
- 6 RF Recover on RF
- 7 LF Cross behind RF
- & RF Step forward ¼ right (12.00)
- 8 LF Big step to left ¼ right (3.00)

Cross behind, ½ turn, Pressure step, Coasterstep, Rockstep

- 1 RF Cross behind LF
- & LF Step ¼ left forward (12.00)
- 2 RF Step ¼ left making a pressure step (9.00)
- 3 RF Hold
- 4 LF Bring weight back on LF
- 5 RF Step Back
- & LF Step next to RF
- 6 RF Step forward
- 7 LF Step forward
- 8 RF Recover ¼ turn left whilst doing this sweep LF from front to back (6.00)

Coasterstep ¼ turn, shuffle ¼ turn, Step out, 1 ¼ turn

- 1 LF Step behind RF
- & RF Step next to LF
- 2 LF Step forward ¼ turn left (3.00)
- 3 RF Step forward
- & LF Step next to RF
- 4 RF Step cross over LF ¼ turn left (12.00)

- 5 LF Step to left side, whilst doing this point right toe to right side
- 6 LF Bend Left knee downwards
- 7 RF Step to right side $\frac{1}{4}$ turn right (3.00)
- & LF Step back $\frac{1}{2}$ turn right (9.00)
- 8 RF Step forward $\frac{1}{2}$ turn right (3.00)

Start Again.
