

Like A Hero

拍數: 32 牆數: 4 級數: Beginner
編舞者: Klara Wallman (SWE) - March 2008
音樂: Hero - Charlotte Perrelli



Intro: 16 count

Jump right left, Clap, x2. Rock , Sailor turn ¼.

- & 1 - 2 Jump forward right, left, Clap.
- & 3 - 4 Jump forward right, left, Clap.
- 5 - 6 Rock right forward, Recover onto left.
- 7 & 8 Cross right behind left turning ¼ to right, Step left beside right, Step right forward. (3)

Chasse left turn ¼ right, Chasse right turn ¼ right, Full turn right, Rock left.

- 1 & 2 Step left to left side, Step right beside left, Step left to left side and turn ¼ to right. (6)
- 3 & 4 Step right to right side, Step left beside right, Step right to right side and turn ¼ to right (9)
- 5 - 6 Turn ½ to right step left back, Turn ½ to right step right forward. (9)
- 7 - 8 Rock left forward, Recover onto right.

RESTART: at wall 5.

Rock right, Rock left turn ¼ right, Shuffle turn ¼ right, Rock back.

- & 1 - 2 Step left beside right, Rock right to right side, Recover onto left.
- & 3 - 4 Step right beside left, Rock left to left side, Recover onto right and turn ¼ to right. (12)
- 5 & 6 Step left forward, Step right beside left, Turn ¼ to right stepping left to left side. (3)
- 7 - 8 Rock right back, Recover onto left.

Shuffle forward right diagonal, Shuffle forward left diagonal, Skate forward right, left, x2.

- 1 & 2 On right diagonal step right forward, Step left beside right, Step right forward.
- 3 & 4 On left diagonal step left forward, Step right beside left, Step left forward.
- 5 - 6 Skate right, Skate left.
- 7 - 8 Skate right, Skate left.

Restart at wall 5. Dance the first 16 counts and then restart from the top.

TAG: End of wall 9.

Toe strut, Snap fingers x2.

- 1 - 2 Point right toe on right diagonal, step right heel down and snap with fingers.
- 3 - 4 Point left toe on left diagonal, step left heel down and snap with fingers.

Then restart from top.