

Bucovina

拍數: 32 牆數: 4 級數: Beginner
編舞者: Francien Sittrop (NL) - April 2008
音樂: Bucovina (feat. Shantel) - Ian Oliver



Start : after 16 counts ,on heavy beat .

(1 – 8) Walks, Kick Ball Touch, Cross, ½ Turn, Coaster step

1 – 2 Step fwd on Right, Step fwd on Left
3 & 4 Kick Right fwd, Right step down, Touch L to left side
5 – 6 Cross L over Right, Make ½ Turn Right (Weight ends on L)
7&8 Step back, Step L next to Right, Step Right fwd

(9-16) Hip Sways, Lock step, Rock , Recover, Sweep Sailor ¼ Turn Right

1 – 2 Step L to left side and pus hips left, Push hips right
3 & 4 Step L fwd, Step Right behind L, Step L fwd
5 – 6 Rock Right fwd, Recover on L
7 & 8 Sweep Sailor step with ¼ Turn Right.

(17-24) ¼ Turn Right and Step Fwd, Touch, Kick Ball Touch, ¼ Turn Left, Kick, Coaster step

1 – 2 Make ¼ Turn Right and step L fwd, Touch Right next to L
3 & 4 Kick Right fwd, Step Right down. Touch Left to left side
5 – 6 Make ¼ Turn Left, Kick Left Fwd
7&8 Step Left back, Step Right next to Left, Step Left Fwd

(25-32) Step Fwd, ½ Turn Left, Shuffle Fwd, Side Rock , Recover , Cross, Side rock , Recover ,Touch

1 – 2 Step Right Fwd, Make ½ Turn Left
3 & 4 Step Right fwd, Step Left next to Right, Step Right Fwd
5 & 6 Rock Left to Left side, Recover on Right , Step Left across Right
7 & 8 Rock Right to Right side, Recover on Left , Touch Right next to Left

Start again
