

In The Middle

拍數: 32 牆數: 4 級數: Improver
編舞者: Nathalie Maas (BEL) & Louis Dominique (BEL) - April 2008
音樂: Stuck In the Middle - MIKA



SCUFF & HITCH, BACK RIGHT, BACK LEFT COASTER, CROSS, SIDE, & CROSS & HEEL & TOGETHER

1&2 Scuff right, hitch right, step right back
3&4-5 Back left coaster, cross right over left
6& Step left to left side, together
7& Cross left over right, back right
8& Left heel forward, together

STEP FORWARD RIGHT, ½ PIVOT LEFT, CHASSE RIGHT, SAILOR ¼ LEFT, HEEL BALL STEP RIGHT

1-2 Step right forward, ½ turn left (weight to left)
3&4 Chassé right
5&6 Sailor step with ¼ turn left
7&8 Heel ball step right

Right kick 2x, back right coaster, shuffle forward left, full turn forward (right-left-right)

1-2 Kick right forward twice
3&4 Back coaster right
5&6 Left forward shuffle
7&8 Full turn right, left, right

TOUCH LEFT SIDE & HEEL FORWARD RIGHT & HEEL FORWARD LEFT & TOUCH RIGHT SIDE, RIGHT CROSS SHUFFLE 3X, SIDE LEFT

1&2 Touch left to left side, together, right heel forward
&3 Together, left heel forward
&4 Together, touch right to right side
5&6&7 Triple cross shuffle right over left
8 Step to the left

TURN ¼ SHUFFLE RIGHT, FORWARD MAMBO LEFT, ¼ SHUFFLE RIGHT, ½ SHUFFLE LEFT

1&2 ¼ shuffle right
3&4 Left forward mambo
5&6 ¼ shuffle right
7&8 ½ shuffle left

KICK BALL TOUCH RIGHT, KICK BALL TOUCH LEFT, STEP BACK RIGHT, CROSS LEFT, STEP BACK RIGHT, CROSS LEFT, STEP BACK RIGHT, TOGETHER

1&2 Forward kick ball touch right
3&4 Forward kick ball touch left
5&6& Cross right behind left (step back) twice
7-8 Step back right, together

REPEAT

TAG: À la fin du quatrième murs

VINE RIGHT TOUCH, ROCK IN CHAIR LEFT

1-4 Vine to the right, touch left next right
5-6 Rock forward on left
7-8 Rock left back demi turn right 2x

JAZZ BOX LEFT TOUCH RIGHT BESIDE LEFT

- 1-2 Pivot $\frac{1}{2}$ turn right
- 3-4 Pivot $\frac{1}{2}$ turn right
- 5-8 Jazz box left, touch right next left

VINE LEFT TOUCH, ROCKING CHAIR RIGHT

- 1-4 Vine to the left, touch right next left
- 5-6 Rock forward on right
- 7-8 Rock right back demi turn left 2x

JAZZ BOX RIGHT, TOUCH LEFT BESIDE RIGHT

- 1-2 Pivot $\frac{1}{2}$ turn left
 - 3-4 Pivot $\frac{1}{2}$ turn left
 - 5-8 Jazz box right, touch left next right
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