

# Black and Gold

拍數: 64      牆數: 4      級數: Intermediate  
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音樂: Black & Gold - Sam Sparro



## Walks & point & point, 2 walks & point & point

1-2&      Step R Fwd, step L Fwd, small step R back  
3&4      Point L to side, step beside R, point R to side  
5-8      Rpt 1-4 above

## Scuff hitch R, Fwd Hold, scuff hitch L, Fwd Hold

1-2      Scuff R back, hitch  
3-4      Step R Fwd, Hold (click fingers)  
5-6      Scuff L back, hitch  
7-8      Step L Fwd, Hold (click fingers)

## Back, up, swivels, R knee down-up, down-up

1-2      Step R large step back, lift heels up  
3-4      Swivel heels L, swivel heels R  
5      Press R knee down – (straighten L leg)  
6      Straighten R, bend L knee Fwd – L heel up

## (lean slightly back touching brim of hat with left hand)

7-8      Rpt 5-6 above

## Swivel ½ turn right, 1 ¼ spin, side slide

1-2      Swivel heels turning ½ right (cross arms over chest)  
3-4      Spin full turn right (or step,L,R)  
5-6      ¼ right step L to side, slide R in  
7-8      Slide R into L, point L finger to sky, sweep right hand across

## Back Rock, chasse right, Back Rock, chasse left ¼ turn

1-2      Rock R back, recover (cross pointed fingers down)  
3&4      Step R to side, step L beside, step R to side (point R to sky, point L to floor)  
5-6      Rock L back, recover (cross pointed fingers down)  
7&8      Step L to side, step R beside, step L ¼ turn left (point R to sky, point L to floor)

## Touch turn ¾, Fwd shuffle, side Rock, behind side cross

1-2      Touch R across, spin ¾ left weight on left  
3&4      Step R Fwd, step L behind, step R Fwd  
5-6      Rock L to side, recover  
7&8      Step L behind, step R to side, step L across

## Heel-toe & cross shuffle, Heel-toe & cross shuffle

1-2&      Touch R heel diagonally Fwd, touch R toe back & small step R to side  
(Doff hat on counts 2-4)  
3&4      Cross step L, step R to side, cross step L  
5-6&      Touch R heel diagonally Fwd, (replace hat) touch R toe back & small step R to side (doff hat on counts 6-8)  
7&8      Cross step L, step R to side, cross step L

## Make ¼ turn Fwd Rock, coaster, Fwd Rock ¾ shuffle

1-2      Turning ¼ right rock R Fwd, recover  
3&4      Step R back, step L back, step R Fwd

5-6

Rock L Fwd, recover

7&8

Step L  $\frac{1}{2}$  turn left, step R beside, step L  $\frac{1}{4}$  turn left

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