

Until You

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Zena Holroyd-Doveton (UK) - April 2008
音樂: Until You - Shayne Ward : (Album: Breathless)



Dance starts after 16 counts.

Three walks forward, right chasse, 2 walks backwards, left chasse 1/4 turn

- 1,2,3 Walk forwards left, right, left.
4&5 Step right to right side, close left beside right, step right to right side.
6,7 Walk backwards left, right.
8&1 Step left to left side, close right beside right, stepping forward on the left foot make a 1/4 turn left. (Restart on 4th wall after counts 8&)

Rock, recover, shuffle ½ turn right, cross, back, side rock and cross

- 2,3 Rock weight forward onto right, recover weight back onto left.
4&5 Step back onto right, making a ¼ turn right, close left beside right, step forward onto right making a ¼ turn to the right.
6,7 Step left over right, step back on right
8&1 Rock weight out to the side onto the left, recover weight onto the right, step left over right. (Tag and restart on 8th wall – see below)

Touch side, touch ¼ turn right, right sailor step, 2x ¼ skates (left, right), ¼ turn left shuffle

- 2, 3 Touch right toe to right side. Making a ¼ turn right, keeping weight on left, touch right toe to right side
4&5 Cross right behind left, step left to left side, step right to right side
6,7 Making a ¼ turn left, skate forward on the left, making a ¼ turn right, skate forward on the right
8&1 Making a quarter turn left, step forward on the left, close right beside left, step forward on the left

Rock, recover, back, ball-cross, ball-cross, side rock recover, behind ¼ turn right, step.

- 2, 3 Rock weight forward onto right, recover weight onto left
4&5&6 Step back onto right, step onto ball of left, step right across left, step onto ball of left, step right across left
7&8& Rock weight out to the side on left, recover weight onto right, step left behind right, making a ¼ turn to the right step forward right.

Restart with a tag on wall 8

Dance first 16 counts leaving you with left crossed over right.

There is a 4 count hold in the music – make a ¼ turn right sweep with the right, stepping back onto right to face the front.... Start again.

Ending

Dance first 14 counts leaving you with left crossed over right. (The music will slow down slightly but keep the pace.)

Unwind ¾ right to face the front.

Many thanks to Vera Fisher for all her coaching!!

