

Building Bridges

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Larry Schmidt (USA) - April 2008
音樂: Building Bridges - Brooks & Dunn



(1, 2, 3, 4&5, 6, 7, 8&1)

STEP L. SIDE, ROCK BACK, REPLACE ¼ TURNING TRIPLE, BACK ROCK, REPLACE ½ TURNING TRIPLE.

Step left foot to left. Rock right foot behind left. Replace weight to left foot. Triple R,L,R turning ¼ left. Rock back on left foot. Replace weight to right. Triple L,R,L turning ½ right.

(2, 3, 4&5, 6&7, 8&1)

BACK ROCK, REPLACE, SHUFFLE FORWARD, L. SIDE-TOGETHER-FORWARD, R. SIDE-TOGETHER-FORWARD.

(After the rock step this whole set travels forward)

Rock back on right foot. Replace weight to left. Shuffle forward R,L,R. Step left foot left, Step R foot next to left, , Step left foot forward across right Step right foot right, Step L foot next to right, Step right foot forward across left.

(2, 3, 4&5, 6&7, 8&1)

FORWARD ROCK, REPLACE, ¼ TURN SHUFFLE SIDE, BACK ROCK- REPLACE- TOUCH, BACK COASTER STEP

Rock left foot forward. Replace weight to right. Turn ¼ left stepping left foot to side, Step right next to left, Step left foot left. Rock back onto right foot, Replace weight to left, Touch right toe forward. Step right foot back, Step Left next to right, Step right foot forward.

(2, 3, 4&5, 6&7, 8&)

FORWARD ROCK, REPLACE, ¾ TURNING TRIPLE, SHUFFLE R. SIDE, BACK ROCK, REPLACE , SIDE
Rock forward onto left foot. Replace weight to right. Triple L,R,L turning ¾ left. Step right foot to right side, Step left next to right, Step right foot right. Rock back onto left foot, Replace weight to right. Then restart at the beginning of the dance.

REPEAT

First Restart: After the 4th repetition of the dance add: Rock back, Replace, ½ turning triple, Rock back, Replace, Shuffle to the side, restarting the dance .

Second Restart: On the 8th repetition of the dance, do the first set thru the ¼ turning triple then do a Rock back, Replace and a Shuffle to the left side, restarting the dance.

ENJOY