

Don't Sweat The Small Stuff (P)

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 0 級數: high Improver progressive partner
編舞者: Ike Po (USA) & Virginia Po (USA) - April 2008
音樂: Don't Sweat the Small Stuff - Sean Hogan : (CD: Southern Sessions)



Position: Cape position - same footwork.

RUMBA BOX FORWARD

1-2 Step right to right side, step left beside right
3-4 Step right forward, hold
5-6 Step left to left side, step right beside left
7-8 Step left forward, hold

HEEL GRIND, RECOVER, STEP, HOLD (2X)

1-2 Step right heel forward & grind to right, recover on left
3-4 Step right beside left, hold
5-6 Step left heel forward & grind to left, recover on right
7-8 Step left beside right, hold

Option: Mambo steps

ROCK, RECOVER, 1/2TURN STEP FORWARD, STEP FORWARD, PIVOT 1/2 TURN, STEP FORWARD, SHUFFLE FORWARD

1-2 Rock right forward, recover on left
3 Turn 1/2 right & step right forward

Hands: Raise right & drop left

4-5 Step left forward, pivot 1/2 turn right
6 Step left forward

Hands: Man's left pick up Lady's left, back to cape position

7&8 Step right forward, step left together, step right forward

JAZZ BOX x2 WITH TOUCH

1-2 Cross left over right, step right back
3-4 Step left beside right, step right forward
5-6 Cross left over right, step right back
7-8 Step left beside right, touch right next to left

REPEAT