Steppin Line



拍數: 32 編數: Intermediate

編舞者: William Sevone (UK) - April 2008

音樂: Shake (feat. Pitbull) - Ying Yang Twins



Dance starts with the drums and main vocals (approx 21s into music) feet slightly apart, weight on the left.

Choreographers note:- Please remember that the hops/bounces are not 'Moon hops' - keep them short and together.

Add as much or as little of your own styling as you wish - feel the music.

Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Diagonal Step x4. Swing Left. Swing Right. Behind. 3/4 Right (9:00)

1 – 2	(with light stomp) Step right diagonally right. Step left diagonally left.
3 – 4	(with light stomp) Step right diagonally right. Step left diagonally left.
5 – 6	Hitch/swing right foot across left leg. Swing right foot to right side.

7 – 8 Step right behind left. Turn ¾ right (weight on right) (9)

Style note: 5: Slap/touch foot with left hand. 6: Slap/touch foot with right hand.

Fwd. 2x Hip Bump. Together. Fwd. 2x Hip Bump. 1/2 Left Fwd. 2x Diagonal Step (3:00)

9& 10	(upper body turned right with hands at sides of head) Step fwd onto left & bump hips. Bump hips.
11	(lowering hands & upper body facing fwd) Touch left foot next to right.
12& 13	(upper body turned right with hands at sides of head) Step fwd onto left & bump hips. Bump hips.
14	(lowering hands & upper body facing fwd) Turn ½ left & step forward onto left (3).
15 – 16	(with light stomp) Step right diagonally right. Step left diagonally left.

Turn 1/2 Right Bounce. 1/2 Left Bounce. 1/4 Left Rock. Recover. Bwd Bounce with Sweeps (12:00)

17& 18	(hitching right) Hop/bounce ½ right – count 18 step right next to left: Hop-Hop-Step (9).	
19& 20	(hitching left) Hop/bounce ½ left – count 20 step left next to right: Hop-Hop-Step (3).	
21 – 22	Turn ¼ left & rock forward onto right (12). Recover onto left.	
23& 24	(sweeping right out then in) Hop/bounce backward on left – count 24 step right backward.	
25& 26	(sweeping left out then in) Hop/bounce backward on right – count 26 step left backward.	
Style note: (optional) 17-20: Criss-crossing arms with each 'bounce' will add flavour to the dance.		

Turn 1/2 Right Fwd. Fwd. 3x Hitch Run. Bwd. 'On Your Marks' or Option (6:00)

27 – 28	Turn ½ right & (short) step forward onto right (6). (short) Step forward onto left.	
29& 30	(hitching knees high) Step forward onto right, step backward onto left, step backward onto	
	right.	
31 – 32	(upper body leaning slightly forward) Step backward onto left foot	
(with stretched leg) Touch right toe backward & touch left fingers forward to floor.		
Option: 31: Step bwd onto left. 32: Hitch right & throw arms bwd (over the head).		