

# Salad Days

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Improver / Intermediate  
編舞者: Bill James (UK) - April 2008  
音樂: Sliced Tomatoes - Just Brothers



## FORWARD TOE STRUT, ROCK, BACK TOE STRUT, COASTER STEP

1 – 2      Step R toe forward, drop R heel to floor taking weight  
3 – 4      Rock forward on L, rock weight back onto R  
5 – 6      Step L toe back, drop L heel to floor taking weight  
7 & 8      Step R back, step L beside R, step R forward

## FORWARD TOE STRUT, ROCK, BACK TOE STRUT, COASTER STEP

9 – 10      Step L toe forward, drop L heel to floor taking weight  
11 – 12      Rock forward on R, rock weight back onto L  
13 – 14      Step R toe back, drop R heel to floor taking weight  
15 & 16      Step L back, step R beside L, step L forward

## HEEL, HOOK, TOE, ½ TURN, ROCK, SHUFFLE ½ TURN

17 – 18      Dig R heel forward, hook R over L knee in figure 4  
19 – 20      Touch R toe to R side, on ball of L make 1/2 turn R stepping R beside L  
21 – 22      Rock forward on L, rock weight back onto R  
23 & 24      Shuffle ½ turn L stepping L, R, L

## SHUFFLE ½ TURN, COASTER STEP, FORWARD TOE STRUT, ¼ TURN TOE STRUT

25 & 26      Shuffle ½ turn L, stepping R, L, R  
27 & 28      Step L back, step R beside L, step L forward  
29 – 30      Step R toe forward, drop R heel to floor taking weight  
31 – 32      Step L toe ¼ turn L, drop L heel to floor taking weight

## START AGAIN

**ENDING:** On the 11th wall you will start dance facing the back wall.  
Dance counts 1 – 6 then replace the coaster step with Shuffle ½ turn R stepping R, L, R.  
This will bring you back to face the front

**HAVE FUN AND TRY WITH FASTER MUSIC**

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