

Salad Days

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver / Intermediate
編舞者: Bill James (UK) - April 2008
音樂: Sliced Tomatoes - Just Brothers



FORWARD TOE STRUT, ROCK, BACK TOE STRUT, COASTER STEP

1 – 2 Step R toe forward, drop R heel to floor taking weight
3 – 4 Rock forward on L, rock weight back onto R
5 – 6 Step L toe back, drop L heel to floor taking weight
7 & 8 Step R back, step L beside R, step R forward

FORWARD TOE STRUT, ROCK, BACK TOE STRUT, COASTER STEP

9 – 10 Step L toe forward, drop L heel to floor taking weight
11 – 12 Rock forward on R, rock weight back onto L
13 – 14 Step R toe back, drop R heel to floor taking weight
15 & 16 Step L back, step R beside L, step L forward

HEEL, HOOK, TOE, ½ TURN, ROCK, SHUFFLE ½ TURN

17 – 18 Dig R heel forward, hook R over L knee in figure 4
19 – 20 Touch R toe to R side, on ball of L make 1/2 turn R stepping R beside L
21 – 22 Rock forward on L, rock weight back onto R
23 & 24 Shuffle ½ turn L stepping L, R, L

SHUFFLE ½ TURN, COASTER STEP, FORWARD TOE STRUT, ¼ TURN TOE STRUT

25 & 26 Shuffle ½ turn L, stepping R, L, R
27 & 28 Step L back, step R beside L, step L forward
29 – 30 Step R toe forward, drop R heel to floor taking weight
31 – 32 Step L toe ¼ turn L, drop L heel to floor taking weight

START AGAIN

ENDING: On the 11th wall you will start dance facing the back wall.
Dance counts 1 – 6 then replace the coaster step with Shuffle ½ turn R stepping R, L, R.
This will bring you back to face the front

HAVE FUN AND TRY WITH FASTER MUSIC
