

Lost In You

COPPER KNOB
BY STEPHEN

拍數: 40 牆數: 2 級數: Intermediate
編舞者: Rachael McEnaney (USA) - April 2008
音樂: Lost In You - Chris Gaines



Count In: 16 counts from start of track, dance starts on vocals (approx 12secs)

Notes: 2 tags - 4 count tag at end of wall 1 and 3

(1 – 8) Step touch, ¼ turn right, ½ pivot turn, hitch with ¼ turn left, ½ turn left triple cross

- 1 - 2 Step left to left side (1), touch right toe next to left swaying body to left (2) 12.00
3, 4 & 5 Make ¼ turn right stepping forward on right (3), step forward on left (4), pivot ½ turn right (&),
step forward on left (5) 9.00
6 - 7 Make ¼ turn left on ball of left hitching (or sweeping) right leg (6), cross right over left (7) 6.00
8 & 1 Make ¼ turn left stepping back on left (8), make ¼ turn left stepping right to right side (&),
cross left over right (1) 12.00

(9 – 16) Rock right to side, recover, behind, ¼ turn left, step forward, rocking chair with left shuffle

- 2 - 3 Rock right to right side (2), recover weight onto left (3) 12.00
4 & 5 Cross right behind left (4), make ¼ turn left stepping forward on left (&), step forward on right
(5) 9.00
6 & 7 & Rock forward on left (6), recover weight onto right (&), rock back on left (7), recover weight
onto right (&) 9.00
8 & 1 Step forward on left (8), step right next to left (&), step forward on left (1) 9.00

(17 – 24) Rock forward on right, sweep right into ¼ turn sailor, hold, ball cross, side together forward

- 2 - 3 Rock forward on right (2), recover weight onto left whilst sweeping right leg clockwise (3) 9.00
4 & 5 Make ¼ turn right crossing right behind left (4), step left next to right (&), take big step to right
side (5) 12.00
6 & 7 Hold sliding left in towards right (6), step left next to right (&), cross right over left (7) 12.00
8 & 1 Step left to left side (8), step right next to left (&), step forward on left (1) 12.00

(25 – 32) Side, together, turning coaster (sailor), walk left, walk right, mambo with slide back

- 2 - 3 Step right to right side (2), step left next to right (3) 12.00
4 & 5 Turning body towards right diagonal step back on right (4), step left next to right (&), step
forward on right (5) 1.30
6 - 7 Step forward on left (6), step forward on right (7) 1.30
8 & 1 Rock forward on left (8), recover weight onto right (&), take big step back on left (1) 1.30

(33 – 40) Rock back on right, pivot turn (5/8) stepping to side, sailor left, behind, side cross

- 2 - 3 Rock back on right (2), recover weight onto left (3) (body still angled to diagonal) 1.30
4 & 5 Step forward on right (4), pivot 5/8 turn to end facing 6.00 (&), step right to right side (5) 6.00
6 & 7 Cross left behind right (6), step right next to left (&), step left to left side (7) 6.00
& 8 & Cross right behind left (&), step left to left side (8), Cross right in front of left (&) 6.00

START AGAIN, HAVE FUN!

TAG: Tag happens at the end of 1st wall and 3rd wall both times facing back wall

- 1 - 4 Step left to left side (1), touch right toe to right diagonal (2), step right to right side (3), touch
left toe to left diagonal (4) 6.00