

Coconut Cha (P)

拍數: 32 牆數: 0 級數: Improver Partner
編舞者: DJ Dan (NL) & Wynette Miller (NL) - April 2008
音樂: Laid Back 'n Low Key (Cay) - Alan Jackson : (CD: Good Time)



Right side by side position, same footwork unless stated.

Intro 20 counts.

Step-Brush, Shuffle Forward; Rock Step Forward, 1/2 Turning Shuffle

1-2 Step Right forward. Brush Left forward.
3&4 Shuffle forward stepping Left, Right, Left.
5-6 Rock Right forward. Recover onto Left
7&8 Shuffle 1/2 turn right stepping Right, Left, Right. RLOD

Left side by side

Step-Brush, Shuffle Forward; Rock Step Forward, 1/4 Turn Chasse

1-2 Step Left forward. Brush Right forward.
3&4 Shuffle forward stepping Right, Left, Right.
5-6 Rock Left forward. Recover onto Right.
7&8 Make 1/4 turn left step Left to left side. Step Right next to Left. Step Left to left side. OLOD

Indian position

Cross Rock, Chasse; Cross Rock, Chasse 1/4 turn left

1-2 Cross rock Right over Left. Recover onto Left.
3&4 Step Right to right side. Step Left next to Right. Step Right to right side.
5-6 Cross Rock Left over Right. Recover onto Right.
7&8 Step Left to left side. Step Right next to Left. Make 1/4 turn left step Left forward. LOD

Man Walk, Walk – Lady Full Forward Turn Left, Both Shuffle forward

Man Full Forward Turn Right – Lady Walk, Walk, Both Shuffle Forward

Let go Right hands, raise Left hands.

1-2 Lady Make 1/2 turn left step Right back. Make 1/2 turn left step Left forward.
1-2 Man Walks forward Right, Left.

Rejoin Right hands. Right side by side

3&4 Both Shuffle forward stepping Right, Left, Right.

Let go Right hands, raise Left hands.

5-6 Lady Walks forward Left, Right.
5-6 Man Make 1/2 turn Right step Left back. Make 1/2 turn right step Right forward.

Rejoin Right hands. Right side by side

7&8 Both Shuffle forward stepping Left, Right, Left.

Begin again and have fun.
