

# Steady Rocks

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Moses Bourassa Jr. (USA) & Barbara Frechette (USA) - April 2008  
音樂: See List



## Music

Rocks In Your Shoes by Emily West  
Midnight Sun By Garth Brooks  
Everybody's Gonna Dance Tonight by Magill  
Nothing's Gonna Stop Us Now by Jefferson Starship

When using Midnight Sun by Garth Brooks start dance after the word Wagon, Others start on Vocals

## Syncopated Weaves with Forward Heels

Steps 1-2 .... Step right to right side, step left behind right  
Steps &3 ..... step right to right side ,place left heel slightly diagonally forward  
Steps &4 ..... step left to left side ,cross right over left  
Steps 5-6 .... Step left to left side ,step right behind left  
Steps &7 .... Step left to left side ,place right heel slightly diagonally forward  
Steps &8 ..... step right next to left ,step left forward

## Forward Step, 1/2 CCW Turn, 1/2 CCW Turning Shuffle, Rock Step, Recover Step, 1/2 CW Turning Shuffle

Steps 1-2 .... Step forward on right ,step left making 1/2 CCW Turn  
Steps 3& ..... step right making 1/4 CCW Turn, step left making 1/4 CCW Turn  
Step 4 ..... Step back on right  
Steps 5-6 ..... rock back on left ,recover on right  
Steps 7& .... Step left making 1/4 CW Turn , step right making 1/4 CW Turn  
Step 8 ..... step left next to right

## Monterey Turn with 1/4 CW Turn, Forward Shuffle, Forward Step, 1/4 CW Turn

Steps 1-2 ..... point right toe to right side ,step right next to left making 1/4 CW Turn  
Steps 3-4 ..... point left to left side ,step left next to right  
Steps 5&6 .... Shuffle forward right left, right  
Steps 7-8 ..... step forward on left ,step right making 1/4 CW Turn

## Cross Shuffle, Modified Coaster Step With 1/4 CCW Turn, Modified Cross Shuffle with 1/4 CW Turn, 1/4 CW Turn, Forward Step

Steps 1&2 ..... Cross left over right, step right to right side, cross left over right  
Steps 3& .... Step right to right side, step left back making 1/4 CCW Turn  
Step 4 ..... Step forward on right  
Step 5&6 .... Step forward on left ,step right making 1/4 CW Turn, Cross left over right  
Steps 7-8 ..... step right making 1/4 CW Turn, step forward on left

End of Dance