

Bleeding Love

拍數: 32 牆數: 0 級數: Improver
編舞者: Michael Diven (USA) - April 2008
音樂: Bleeding Love - Leona Lewis



Start dance 4 counts after singer warms up....."Oooh, oooh".

Toe Touch x 2, Heel Taps x 2, Rock, Recover, Locking Shuffle

- 1&2& Touch left toe to left side, step left next to right, touch right toe to right side, step right foot next to left
- 3&4& Tap left heel forward, step left next to right, tap right heel forward, step right next to left foot
- 5-6 Rock forward on left foot, recover weight back to right foot
- 7&8 Step back on left foot, bring right foot next to left, step back on left foot

Rock, Recover, ½ Turn Shuffle, Coaster Step, Tap, Tap, Kick

- 1-2 Rock back on right foot, recover weight to left foot
- 3&4 Step forward on right foot, step back on left foot while turning ½ turn, step back on right foot
- 5&6 Step left foot next to right, step right foot in place, step forward on left foot
- 7&8 Tap right toe forward x 2, kick right foot forward

Step, Cross Step, ¼ Turn Step, Coaster Step, Wizard Steps

- &1-2 Step right foot to the right side, cross step left over right, step back on right foot while pivoting ¼ turn left
- 3&4 Step left foot next to right, step right foot next to left, step forward on left foot
- 5-6& Right step forward diagonally right (10:30), left lock step behind right, right step forward diagonally right
- 7-8& Left step forward diagonally left (7:30), right lock step behind left, left step forward diagonally left (7:30)

Rock, Recover, Locking Shuffle, ¼ Step, Step, ¼ Step, Step

- 1-2 Rock forward on right foot, recover weight back on left
- 3&4 Step back on right foot, slide left foot back and across right foot, step back on right foot
- 5-6 Step left foot to left side, pivot ¼ turn left, step right foot to right side
- 7-8 Step left foot to left side, pivot ¼ turn left, step right foot over left

RESTART

On the 3rd wall, there is a restart.

Do the first 8 counts then take one extra step back on right foot for an "&" count to switch weight back to right foot and then restart.