

Working It Out

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate / Advanced
編舞者: Noel Bradey (AUS) - April 2008
音樂: What If You Stay - Chuck Wicks : (Album: Staring Now)



DANCE STARTS: After 16 Count Introduction

(1-8) FWD, REPLACE, COASTER, FWD, ½ PIVOT, ½ TURN, SWEEP, SWEEP, BEHIND, SIDE, CROSS

1&2&3 Rock/step fwd on R, Replace weight to L, Step R back, Step L beside, R, Step R fwd
&4 Step L fwd, Pivot turn 180° right (wt R) (6:00)
& Turn 180° right Stepping L back (12:00)
5,6 Sweep/step R behind L, Sweep/step L behind R
7&8 Cross/step R behind L, Step on L to left Side, Cross/step R over L

(9-16) SIDE, CROSS, ¼, ¼, SPIN TO LEFT, BEHIND, SIDE, CROSS, TOUCH, BEHIND, TOUCH, BEHIND

&1 Step on L to left side, Cross/step R over L
&2 Turn 90° right stepping back on L, Turn 90° right stepping R to right side (6:00)
3&4 (Travelling to Left) Full turn left stepping L, R, L
5&6 Cross/step R behind L, Step on L to left side, Cross/step R over L
&7&8 Touch L toe to left side, Cross/step L behind R, Touch R toe to right side, Cross/step R behind L

(17-24) REPLACE, ½, BACK, CROSS, BACK, SIDE, CROSS, REPLACE, ¼, 2 X SYNCOPATED ½ PIVOTS

1&2 Replace weight fwd onto L, Turn 180° left stepping slightly back on R, Step L back (12:00)
3&4 Cross/step R over L, Step back on L, Step on R to right side
5&6 Cross/rock L over R, Replace weight to R, Turn 90° left stepping L fwd (9:00)
&7&8 Step R fwd, Pivot turn 180° left, Step R fwd, Pivot turn 180° left (weight L) (9:00)

(25-32) FWD, ½, BACK, BACK, TOUCH, REVERSE ½ PIVOT, BACK, BACK, TOUCH, REVERSE ½ PIVOT, ¼, CROSS, REPLACE, SIDE

1&2 Step R fwd, Turn 180° right stepping L back, Step back on R
&3&4 Step L back, Touch R toe Back, Reverse pivot turn 180° right, step R back (3:00)
&5&6 Step L back, Touch R toe Back, Reverse pivot turn 180° right, step R back (9:00)
&7&8 Turn 90° left stepping L to left side, Cross/rock R over L, Replace weight to L, Step R to right (12:00)

(33-40) CROSS, ½ HINGE, SAILOR ¼ TURN, FWD, REPLACE, ½, ¾, SIDE, REPLACE, CROSS, SIDE, REPLACE, CROSS

&1 Cross/step L over R, Step onto R to right side whilst turning 180° left (L will be raised) (6:00)
2&3 Cross/step L behind R, Turning 90° left step on R to right, Replace weight to L (3:00)
&4 Rock/step fwd onto R, Replace weight to L
&5 Turn 180° right stepping fwd onto R, Turn a further 270° right stepping fwd onto L (R will be raised) (6:00)
6&7 Rock/step R to right side, Replace weight to L, Cross/step R over L
&8& Rock/step L to left side, Replace weight to R (##), Cross/step L over R

(41-48) TOUCH SIDE, STEP BEHIND, FWD, ½, BACK, FWD, ½, BACK, FWD MAMBO WITH DRAG

1,2 Touch R toe to right side, Cross/step R behind L
3&4 Rock/replace fwd onto L, Turn 180° left stepping R back, Step L back (12:00)
5&6 Rock/replace fwd onto R, Turn 180° right stepping L back, Step R back (6:00)
7&8 Rock/step fwd onto L, Replace weight to R, Step Back on L dragging R towards L (wt L)

RESTART: Wall 2 - Dance to count 40 (##) and then step L beside R - start again from the beginning.

Dance Ends: On count 16 facing 12:00

Thank you: To Col Cashman for introducing me to the music of Chuck Wicks.
