Move It N Groove It



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音樂: Moving On Up - M People: (Album: The Best Of M People)



(48 Count Intro)

Section 1: Step Forward & Scuff x2, Right Vine, Toe Touch.

1-2	Step Forward On Right, scuff left forward.
3-4	Step forward on left, scuff right forward.
5-6	Step right to right side, cross left behind right.
7-8	Step right to right side, touch left toe beside right.

Section 2: Left Vine With 1/4 Turn Left, Toe Touch, Kick x2, Jazz Jump Back, Clap.

1-2 Step left to left side, cross right behind left.

3-4 Make a quarter turn left stepping forward on left, touch right toe beside left.

5-6 Kick right forward twice.

&7 Step back on right, step left shoulder width apart from right.

8 Hold & Clap.

Section 3: Rumba Box (With Toe Touches).

1-2	Step right to right side, close left beside right.
3-4	Step forward on right, touch left to beside right.
5-6	Step left to left side, close right beside left.
7-8	Step back on left, touch right toe beside left.

Section 4: ½ Turn "Side Step & Toe Touch" Pattern With Finger Clicks.

1-2 Step right to right side, touch left toe beside right (clicking Fingers of Both hands to right side at Shoulder height).

3-4 Make a quarter turn left stepping left to left side, touch right toe beside left

(clicking Fingers of Both hands to left side at Shoulder height).

5-6 Make a quarter turn left stepping right to right side, touch left toe beside right

(clicking Fingers of Both hands to right side at Shoulder height).

7-8 Step left to left side, touch right toe beside left.

(clicking Fingers of Both hands to left side at Shoulder height).

Begin Again.