

# Bugging

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Francien Sittrop (NL) - April 2008  
音樂: Monkey Off My Back (feat. Boris) - Jay Colin



Intro : 32 counts from heavy beat

## (1 – 8) Side, Rock & Heel & Cross x2

- 1 - 2            Step right to right side, Cross left behind right  
& 3            Step right to right side, Tap left heel diagonally forward (lean upper body a little bit back)  
& 4            Step left next to right, Cross right over left  
5 - 6           Step left to left side, Cross right behind left,  
& 7            Step left to left side, Tap right heel Diagonally forward (lean upper body a little bit back)  
& 8            Step right next to left, Cross left over right (12.00)

**\*Optional Hand-movements: Count &3 and &7 When you lean back point both fists with thumbs out over your shoulders.**

## (9-16) R Funky Dorothy, Scuff, Hitch, Step Back, Mash Potato Back, Coaster Step

- 1-2&           Step Right Fwd, Lock Left behind Right, Step Right Fwd  
**\*(Make Count 1 a distinctive step leading Right Side of Upper Body Forward popping R Shoulder)**  
3 & 4           Scuff Left Fwd, Hitch Left, Step Left back  
5-6            Step Right back, Step Left back (Mash Potato Steps)  
**\*Easier Option: 2 walks back R, L**  
7 & 8           Step Right back , Step Left next to Right, Step Right Fwd (Restart wall 4) (3.00)

## (17-25) Step fwd, ½ Turn R, Shuffle fwd, Out, Out, In, Step, ¼ Turn Side, Sweep ½ Sailor Cross

- 1 – 2           Step Left fwd, Make ½ Turn Right  
3 & 4           Step Left fwd, Step Right next to Left, Step Left Fwd  
&5&6           Step Right out, Step Left out, Step Right in, Step Left Slightly Fwd  
7            Make ¼ Turn Left and Step Right to side (3.00)  
8 & 1           Sweep Left and make ¼ Turn left en step behind Right, Step Right next to Left, Make ¼ Left and Cross Left over Right (9.00)

## (26-32) Touches x2 (and push with hand) L & R, Press, Behind, Side, Cross

- 2 & 3           Tap Right x2 next to Left, Step Right to Right side (letting Left Point to left side)  
**Optional Hand-movements: Push with left hand the monkey off your right shoulder on count 3**  
4 & 5           Tap Left x2 Next to Right, Step Left to Left side (letting Right Point to right side)  
**Optional Hand-movements: Push with right hand the monkey off your left shoulder on count 5**  
6            Step Right to right side. (Count 5 should be a press bending left knee and Count 6 a recover step)  
7 & 8           Step Left behind Right, Step Right to right side, Step Left across Right (9.00)

**Tag: after wall 1(9 .00) and 3 (3.00) and 6 (9.00) and 9 (12.00)**

- 1 – 4           Full Turn Walks  
1 – 4           R, L, R, L Full turn right

**Restart wall 4 (3.00):**

**Dance to Count 16 but end the coaster with a right touch together instead of a step (will be the 5th wall)**