

Novacaine

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Lynne Martino (USA) - March 2008
音樂: Novacaine - Little Big Town : (Album: A Place To Land)



After guitar solo, count in 32 beats and start on vocals

(1-8) TRIPLE, TRIPLE, ROCK, RECOVER, STEP, KICK

1&2 Triple step R, L, R
3&4 Triple step L, R, L
5,6 Rock R back, recover on L
7,8 Step forward on R, Kick L forward

(9-16) BALL STEP, STEP, 1/4 TURN, STEP, CROSS, WEAVE

&1,2 Step on ball of L, step forward on R, step forward on L
3,4 Make a 1/4 turn right stepping on R, cross L over R
5,6, Step R to the side, cross L behind R
&7&8 Step R to the side, cross L in front of R, step R to side, Cross L behind R

(17-24) ROCK, RECOVER, 3 STEP WEAVE, ROCK, RECOVER, 1/4 TURN, COASTER STEP

1,2, 3&4 Rock R to the side, recover on L, cross R behind L, step L to the side cross R over L
5,6, 7&8 Rock L to the side, recover on R, making a 1/4 turn left, step L back, Step R next to L, step L forward

(25-32) KICK BALL CHANGES, JAZZ BOX, 1/4 TURN

1&2 Kick R foot forward, recover on ball of R, step on L
3&4 Kick R foot forward, recover on ball of R, step on L
5,6,7,8 Cross R over L, step back on L, making a 1/4 turn right, step forward on R Step L next to R

(33-40) TOE STRUTS FORWARD

1,2 Step R toe forward, step down on R heel
3,4 Step L toe forward, step down on L heel
5,6 Step R toe forward, step down on R heel
7,8 Step L toe forward, step down on L heel

(Shimmy shoulders as you are doing the toe struts)

* Restart 2

(41-48) SHUFFLES BACK

1&2 Shuffle back R ,L ,R
3&4 Shuffle back L, R, L

*Restart 1

5&6 Shuffle back R, L, R
7&8 Shuffle back L, R, L

Tag 1: End of Wall 2, (6 o'clock wall)

1-8 KICK BALL CHANGES, JAZZ BOX
1&2 Kick R foot forward, recover on ball of R, step on L
3&4 Kick R foot forward, recover on ball of R, step on L
5,6,7,8 Cross R over L, step back on L, step R to right side, step L next to R

*Restarts

Restart 1: Towards the end of Wall 5 (3 o'clock), do the first 4 counts of Shuffles Back, Restart dance.

1&2, 3&4 Shuffle back R, L, R, shuffle back L, R, L

Restart 2: After counts 33-40 Toe Struts of Wall 7 (6 o'clock) , start the dance again
