

La Chacha

拍數: 32 牆數: 4 級數: Beginner
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音樂: El Bodeguero - Emmanuel : (CD: Casa Musica vol.25)



Side, cross rock, side shuffle, ½ turn, forward shuffle

- 1 RF step to right side (3.00)
- 2 LF rock in front of RF
- 3 RF recover (1.30)
- 4 LF step to left side (9.00)
- & RF close to LF
- 5 LF step to left side (9.00)
- 6 RF step backwards (face 12.00)
- 7 ½ turn left touch LF next to RF (6.00)
- 8 LF step forward
- & RF close to LF
- 1 LF step forward

Cross over, step,touch,step, cross, touch twist, cross

- 2 RF cross over LF
- 3 LF step to left side
- 4 RF cross over LF
- & LF step to left side
- 5 RF touch forward
- & RF step to right side
- 6 LF cross over RF
- 7 RF touch next to LF, little twist to left on LF
- & Step on RF
- 8 LF cross over RF

Rock, hips accent, ½ turn, ½ turn, hiproll, step, cross behind

- 1 RF step to right side
- & LF recover weight to left
- 2 ¼ turn right (9.00) RF step next to LF, put hips back.
- 3 LF step forward (9.00)
- 4 ½ turn left (face 3.00) RF step backwards
- & put left knee up (make a accent)
- 5 ½ turn left (face 9.00) LF touch forward.
- 6-8 hiproll left, on 8 put weight on LF
- & RF step to right side
- 1 LF cross behind RF

Step, cross over, ¼ turn step, ¾ turn sweep, sweep, touch.

- & RF step to right side
- 2 LF cross over RF
- 3 ¼ turn right (face 12.00) RF step forward
- & LF close to RF
- 4-5 ¾ turn right sweep with RF
- 6 RF cross behind LF start sweep LF
- 7 Ending sweep LF
- 8 LF touch to RF

& weight on LF

TAG: After 8th wall.

&1,2 push hip to right

&3,4 push hip to left

Restart with dance
