

Keep Giving Your Love

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Sophia van Hees (NL) - April 2008
音樂: Keep Giving Your Love to Me - Beyoncé



(1-8) walk, walk, jump out, contraction 2x, touch, out

- 1 RF step forward, Left shoulder up
- 2 LF step forward, Right shoulder up
- 3 RF step forward
- & LF step next to RF
- 4 Jump out
- 5 Contract body forward, elbows push forward
- & Release contraction
- 6 Contract body diagonally to the right, ellbows push forward, weight on LF
- & Release contraction, weight on RF
- 7 LF touch behind RF, turn shoulders to right
- 8 LF step out

(9-16) sailor step ¼ turn, knees in, hitch knees, out, head turn

- 1 RF cross behind LF
- & LF step next RF
- 2 ¼ turn left, RF step to the right (9:00)
- 3 Turn right knee in on ball off RF
- & Turn right knee back
- 4 Turn left knee in on ball off LF
- & Turn left knee back
- 5 RF hitch knee up
- & RF step back
- 6 LF hitch knee up
- & ¼ turn left, LF step to the side/out (6:00)
- 7 RF step out
- 8 Turn head ¼ left

(17-24) cross step, turn steps, poppin knees

- 1 ¼ turn right, RF cross front off LF (9:00)
- 2 LF step to the left
- 3 RF cross front off LF
- & LF step to the left
- 4 RF cross front off LF
- 5 ½ turn left, LF step forward (3:00)
- 6 ¼ turn left, RF step to the right (12:00)
- 7&8 Poppin knees 3x

(25-32) touch, touch, hip bumps, steps out, cross, unwind

- 1 Weight on RF, LF touch out to left, right hand touch left shoulder
- & Weight in middle
- 2 Weight on LF, RF touch out to the right, place both hands on right hip
- & Weight back in the middle
- 3-4 Hip bump to left, wipe right hand over left shoulder (2x) Turn face to left. Ending weight on LF
- 5 RF step diagonally right forward
- 6 LF step diagonally left forward

7 RF cross front off LF
8 Unwind
